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YOUR BI-WEEKLY SOURCE OF VALLEY NEWS

January 4 — January 17, 1989

Dramatic Growth in Valley Traffic

Many Theories, Few Facts To Explain Rapid Increase

By Dick Heuer



DEPUTY GREG CLARK (L) INSPECTS REMAINS OF GRAPEVINE LIQUORS' smashed cash register Dec. 26. An 11:30 p.m. Christmas Eve "smash and grab" burglary resulted in the demolished machine dumped behind the telephone building at C.V. Road and Paso Hondo, a few yards from the victimized store. Store Manager Ed MacAuley holds a large handful of \$10 and \$20 bills left in the register along with rolls of coins. Damage to the front door and register totaled more than five times the estimated cash loss of more than \$600. (Sun Photo)

Traffic on Carmel Valley Rd. increased dramatically during the past four years, according to a traffic report presented to the Board of Supervisors last October.

The significance of the information escaped attention of both the supervisors and the public at the time the staff report was presented. This happened because the report cited only raw numbers, without calculating the percentage increase, and the figures were buried in a lengthy staff report dealing with other traffic issues.

Raw figures in the report show a 27 percent increase from 1984 to 1988. Adjusting for some apparently erroneous data for 1988, the actual increase appears to be about 22 percent. This is an increase of 5 percent per year. Traffic would double in about 14 years if it continued to increase at that rate.

This represents a sharp increase in the rate of traffic growth. From 1971 to 1984, traffic at the same location increased at an average rate of only 3.5 percent per year.

These increases were measured on Carmel Valley Rd. between Carmel Rancho Blvd. and Rio Vista, where County Public Works takes traffic counts at least once a month. The annual counts at other locations along Carmel Valley Rd. show similar increases, according to George Divine, County traffic engineer.

Strangely, traffic along Highway 1, as measured by Caltrans near Carpenter St., grew only slightly during the same time period.

Looking at a longer time span, from 1961 through 1988, traffic on Carmel Valley Rd. and Highway 1 both increased at about the same average rate—3.5 percent per year, according to figures obtained by the Sun from Caltrans and the County.

At 3.5 percent per year, traffic doubles about every twenty years.

There are many theories but no hard facts on where the traffic growth is coming from. The big spurt in traffic on Carmel Valley Rd. came during a period of moratorium on new subdivisions in Carmel Valley. Clearly, most of the growth has come from sources that are not controlled by the Carmel Valley Master Plan.

Understanding traffic growth is important both for planning and for financing traffic improvements. To some degree, at least, the financing of improvements to Carmel Valley Rd. should be related to the sources of increased traffic that make those improvements necessary.

At a recent Board of Supervisors hearing, Skip Marquard argued that since most of the increase is coming from increased tourism rather than new development, some funds for road improvement should be taken from the transit occupancy tax rather than depending so heavily on fees on new development?

Traffic on Highway 1 is already above the trend line that was projected by Caltrans and used in planning the Hatton Canyon Freeway. The Sun asked Caltrans engineer Ken Jones what would happen if traffic grew much faster than projected.

Jones explained that increased growth projections would have relatively little impact on freeway design. "What happens as traffic volume increases is that the peak flows spread out over a longer period. The volume per hour that we plan for is not that much different."

That may be true for the freeway, but what about the impact on local roads. For example, Caltrans has projected 30,680 average daily trips on Carmel Valley Rd.

Continued on Page 7

Water Rationing Won't End Until River Flows to Lagoon

By Dick Heuer

Water rationing started Jan. 1, and it probably won't end until there is a sustained flow of water through the Carmel River into the lagoon at the mouth of the Valley. That's what it will take to refill the underground reserves, or aquifer, on which the Peninsula depends for its water supply, according to Water Management District hydrologist Joe Oliver.

Bruce Buel, general manager of the water district, estimates that about 20 inches of rainfall will be needed to restore our depleted water reserves. As of Dec. 31, there had been exactly 5 inches of precipitation in Carmel Valley Village during this water year, according to weather recorder Graham Matthews. Matthews' records show that normal accumulated rainfall to Dec. 31 is 5.98 inches.

As of Dec. 29, the Los Padres surface reservoir was still 24 feet below the level at which it spills over into the Carmel River, according to Oliver. Even when Los Padres and San Clemente Reservoirs are full, they represent only 8 percent of the potential water storage in the system.

The great bulk of our water supply is pumped from the underground aquifer in Carmel Valley, which is replenished by flows in the Carmel River. The river has not yet started to flow, so the recent rains

have brought no appreciable improvement in groundwater levels in Carmel Valley, Oliver said.

The basic rationing requirement is for a 20 percent reduction in water usage as compared with the same billing period a year ago. Persons who do not have their water bills from a year ago can obtain the needed information by calling their water company.

California-American Water Co. bills for water in units of 100 cubic feet. Each 100 cubic foot unit is equal to 748 gallons. To monitor ongoing water use, one must learn to read the water meter. See separate article with instructions for reading Cal-Am meters.

For those who have always been very frugal in their water use, a 20 percent cut would be very difficult to achieve. For these families, a different standard may apply. If water use is below a specified "lifeline rate," no further cut is required. That minimum standard varies according to type of residence and number of persons.

For a single family residence, the minimum standard is 82 gallons per person per day for a household with two or more persons, and 122 gallons per day for one person.

Continued on Page 2

Sun Seeks Employees

Continuing growth is creating the need for several additional, part-time employees at the Carmel Valley Sun.

We need another person to staff the office two or three mornings per week. The person we are looking for will combine good computer wordprocessing and office management skills with one or more other talents needed in a newspaper office — copy editing, graphics, ad sales, or photo darkroom skills.

We need someone who will learn to produce a complete newsletter—writing, word processing and page layout—with minimal supervision. The Sun is now producing newsletters for several clients, and we anticipate growth in this field.

Another need is for a person to be responsible for several FOCUS sections. This issue of the Sun has the first of our FOCUS sections, where we devote several pages of ads and copy to a single theme such as, in this issue, health care for the frail elderly. There will be a number of these in the future on different themes of particular interest to Valley residents. The person we are seeking will sell the ads as well as arrange for and edit the specialized copy.

Experienced ad salespersons are always a continuing need.

Persons interested in working with the Sun should phone Dick Heuer at 625-2325.

FOCUS ON:



Caring for the Elderly

See Pages 10-11

Guest Column

Confessions of a Compulsive Bleeding Heart Contributor

By Jack Arnold

It all started innocently a few years ago when, in a moment of weakness, I forsook my usual habit of discarding unsolicited mail and began browsing through the appeals made by various charitable organizations.

What caught my eye—and then my heart—was an appeal by Save The Children. Who but the most callous would not be emotionally moved by the plight of third world children struggling for survival in a harsh and inhospitable environment? I learned even a modest donation would reduce their misery. My emotions told me to act immediately and write a check, but my caution and skepticism restrained that initial impulse until I had obtained evidence that this organization was credible.

Years earlier, I had learned from *Herald* columnist Sylvia Porter that the watchdog for such organizations was the National Charities Information Bureau. I immediately sent for a copy of their charities evaluation chart and, to my delight, Save The Children met all eight of the Bureau's tough standards. My modest check was quickly dispatched.

As is usual, my name and address were extracted and inserted in some master data bank mysteriously linked to countless other charitable organizations.

This process of exchanging contributors' addresses is, in part, responsible for my becoming a Compulsive Bleeding Heart Contributor (BHC). Within weeks of dispatching my check, a letter arrived from Amnesty International, informing me that a small donation would be instrumental in freeing political prisoners of conscience in various repressive countries. This group's work is highly acclaimed, so I sent off another check.

In the following year, my mail box "runneth over" with many organizations' charitable requests. Those with the greatest need and the most compelling message received my support, however, the volume of my check writing soon caught my wife's attention. A more financially prudent person, she immediately took me to task for such extravagance by stating unequivocally that, if we were forced into Chapter 13 by my profligate spending habits, she would write the final chapter to this compulsion—my obituary.

Only after very heated and intense discussion was I able to convince her that our total charitable outlay for the previous year was less than the average 2 1/2 percent of gross income each taxpayer

contributes to charity every year. After examining the figures, she relaxed her protective grip on our checkbook and I, having a strong survival instinct, quickly assured her that I wouldn't exceed last year's maximum of 40 checks.

Yes, you read that correctly, 40 checks. I have been asked why I don't just send one substantial check to a favorite charity and save the hassle of writing the other 39. This is a sensible question which I can answer by first explaining the makeup of the BHC.

According to my highly scientific analysis, the genetic makeup of the BHC is as follows: For every restraint gene, the BHC carries two compulsive genes; for every placid gene, she or he carries a bloated empathy gene, and for every pragmatic gene are two idealistic genes.

Therefore, the BHC is not content to administer to the needs of just family and community, but must help reduce misfortune and injustice throughout the world. The reader, now having insight into the workings of the BHC, can better understand why it is so important for me to be on the mailing lists of the most active and effective charitable organizations.

There is a direct link between the number of worthy causes I am involved in and my feelings that the world is becoming a more humane place in which to live. Knowing that significant numbers of my fellow humans are working relentlessly to offset the vagaries of nature and the injustices that we inflict on our own kind affirms my faith in the intrinsic goodness of humanity.

I learn, through the news media, about every tragedy that befalls humankind each day, which is disheartening if not downright depressing. The daily success stories I receive from worthy causes help offset the saddening news of the world. Those two or three letters a day have added up to a total of 697 since this past January. I now have 275 addresses for both national and local charitable and socially active organizations.

Throughout the year, I continue to receive inspiring letters—like the one from the American Friends Service Committee that tells how they educated inner city poor to gain access to nutritious, low cost food. Or one may receive a message from Father Bruce Ritter and his Covenant House in New York City, an organization that rescues runaway children from child pornographers and drug addiction.

Or there may be a letter from former president Jimmy Carter, telling me about The Habitat For Humanity, his favorite charitable organization, which is building low cost, no interest houses for those who

Exceptions and Variances To Water Rationing Plan

Guidelines for administration of rationing contain provisions for several exceptions. Three exceptions to the residential rationing quotas were approved by the water board at its December meeting. These will be reconsidered and two other exceptions weighed for the first time at the board's Jan. 9 meeting.

The board decided last month that:

- Persons who cut their water use last spring in response to the Water Management District's request for voluntary conservation may apply to have the 20 percent cutback measured against their 1987 water usage instead of their 1988 usage.

- Any residential consumer who can show that a visitor lived at the residence for more than half the billing period can apply to have the gallons per person standard adjusted accordingly.

- Persons that have medical or health requirements for additional water may also apply for a higher per person standard.

At the water board's Jan. 9 meeting, these additional exceptions will be considered:

- A special quota for residences with livestock.

- Whether certain multi-family housing units should have the same quota as a single-family, detached home. It has been suggested that townhouses with their own laundry and more than 500 sq. ft. of yard should be treated as single family homes when determining the per person quota. live in each residence, the Water Management District is mailing a "census" form to all water customers. Anyone who does not return the form will receive the ration for a single person.

NOTE: A household is in full compliance with the rationing rules if water use has been cut by 20 percent as compared

with one year earlier, regardless of how much water is being used. The gallons per person quota is applied ONLY if one has not cut 20 percent, or if there is no available, valid comparison with water usage one year ago.

Water Rationing

Continued from Front Page

son living alone. For apartments, townhouses and condominiums, the figures are 46 gallons per person per day for residences with multiple persons, and 68 gallons per day for one person living alone.

In order to determine how many persons live in each residence, the Water Management District is mailing a "census" form to all water customers. Anyone who does not return the form will receive the ration for a single person.

NOTE: A household is in full compliance with the rationing rules if water use has been cut by 20 percent as compared with one year earlier, regardless of how much water is being used. The gallons per person quota is applied ONLY if one has not cut 20 percent, or if there is no available, valid comparison with water usage one year ago.

Events At:



Bookshop/Restaurant

WHOLE LIFE CENTER

Monday Evening Lecture Series.

A program of stimulating conversations with leading experts in the fields of health, psychology, religion, and metaphysics. Join us in January when we will be presenting the following guest speakers:

Robert Skutch—January 9, 7 to 9 p.m. An evening of conversation, with the co-founder of the Foundation of Inner Peace and publisher of the *Course in Miracles*.

Curt Erikson—January 16, 7 to 9 p.m., In Pursuit of Excellence. A program on the psychology of peak performance led by Dr. Curt Erikson, a psychologist for the 1980 and 1984 American Olympic team members. He was also the scientist for an eighteen-member climbing team that scaled Mt. Everest in 1985.

Nadya Giusti—January 23, 7 to 9 p.m. "How We Can Use Our Relationships to Heal Our Minds." A family therapist who uses relationship issues, past life regression, and principles from *A Course in Miracles* to help people change their lives.

Lee Jampolsky—January 30, 7 to 9 p.m. "Healing Principles in Psychology and Spirituality" and "Healing Addictive Attitudes." A psychologist in private practice specializing in addictions and recovery.

Local radio personality Barbara Rose Shuler will interview guests on selected evenings for broadcast on KAZU's Discovery program.

There is a \$5 cover charge.

For information call Sara Bernstein

624-1803

In The Barnyard

off Highway One between Carmel Valley and Rio Rds.

Carmel Valley
Sun

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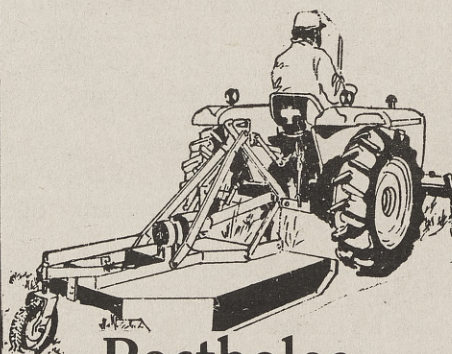


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Read Water Meter to Monitor Usage and Check for Leaks

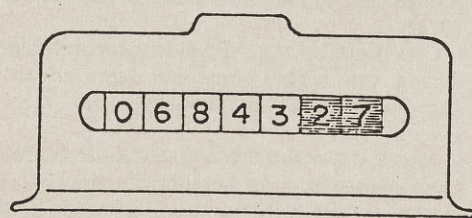
These instructions on how to read your water meter, and how to use the meter to check for leaks, have been provided by the California-American Water Co.

All Cal-Am meters register water usage in cubic feet. Reading the meter is a simple matter of subtraction and multiplication.

You will probably find your meter in front of your house. It will always be in the ground, surrounded by a concrete or plastic box and covered with a concrete or plastic lid. Always replace the lid, for your safety and the safety of others.

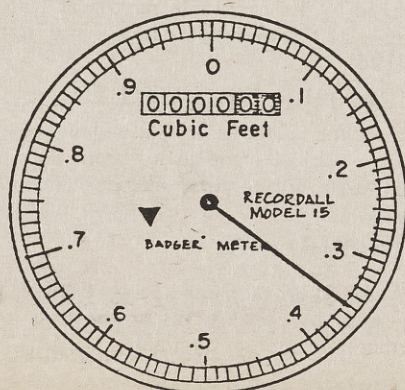
If you cannot locate your meter, call the Cal-Am service department at 373-3051 to get assistance.

After removing the lid, flip up the metal or plastic cap to determine what kind of register you have. If it looks like this



KENT

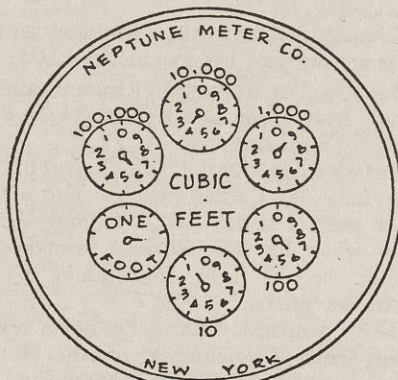
or this,



BADGER

then it is a straight reader. Simply read straight across and record the figures you see at about the same time each day. When you have two comparable readings, subtract the earlier reading from the most recent reading to determine your use in cubic feet. To determine your use in gallons, multiply the number of cubic feet by 7.48. One cubic foot equals 7.48 gallons.

If your meter register looks like this,



NEPTUNE

it only looks hard to read. It's really very simple [according to Cal-Am].

Start reading with the dial in the upper left "corner." Counting that dial, you will read five dials clockwise to the dial marked "10." If the dials are seen as if they were grouped around the face of a clock, start with the dial in the 10 o'clock position and read clockwise to the dial in the 6 o'clock position.

The indicators within each smaller dial may turn either clockwise or counter-clockwise. It is important to determine which way each dial registers.

If the pointer is between two numbers, record the lesser of the two. If the pointer is between the 0 and the 1, record 0. If it is between the 9 and the 0, record 9. Even if the pointer appears to be "almost" on the higher number, it is still recorded as the lower number.

If you are not sure whether you should record the higher number, check the next dial down. (For example, to determine the proper reading for the 100 dial, look at the 10 dial.) If the next dial down shows an 8 or 9, record the lesser number. If the next dial shows a 1 or is between 0 and 1, record the higher number.

Read your meter at about the same time each day. When you have two readings to compare, subtract the first reading from the second, and multiply the remainder by 7.48 to determine the gallons used.

On any meter, if there is condensation on the underside of the glass, gently tap the side of the meter to make the condensation fall. If this does not work, try reading the meter at a different time of day. Under no circumstances should you break the seal

Water Conservation Tips

These tips on water conservation were provided by the Monterey Peninsula Water Management District.

	NORMAL USE	CONSERVATION USE
Shower	Older showerheads: 6-10 gallons per minute	5 minute limit with low-flow showerhead: 2.5 gal. per minute
Tub bath	Full: 36 gallons	Minimum level: 10-12 gal.
Toilet	5-7 gallons per flush with pre-1978 models; 3-5 gal. per flush with post-1978 models	Save 1+ gal. per flush with toilet dam or install 1.5 gal. per flush ultra low-flow toilet
Washing hands	Tap open: 3 gallons per minute	Fill basin: 1 gallon
Brushing teeth	Tap open and no low-flow aerator: 5 gal. per minute	Faucet with low flow aerator; wet brush, rinse: 1/2 gallon
Shaving	Tap open and no low-flow aerator: 20 gallons	Fill basin: 1 gallon
Dishwashing	Tap open & no low flow aerator: 30 gallons	Use sink, rinse: 3-6 gallons
Automatic dishwasher	Full cycle: 25 gallons	Short cycle: 12 gallons
Washing machine	Full water level: 35-50 gallons	Low water level: 12 gallons
Garden hose	6-10 gallons per minute	Install drip irrigation system and reduce consumption by 30-50%

and clean the glass yourself. Call the Cal-Am service department if you need assistance.

Checking for Leaks

Once you know how to read your meter, it is easy to learn how to check for leaks. First, make sure no water is running anywhere in the house. Check all faucets and turn off any automatic ice-maker.

Then go to your meter and record your reading, including the dial or sweep hand which indicates fractional cubic feet.

- If your meter has a sweep hand, note its reading.

- If you have a straight-reader with a red figure on the right side of the register and no sweep hand, record the red character with the rest of the reading.

- If you have a meter with a dial marked "one foot" with no numbers on its face, note that indicator's location.

- The Badger meter has a small red triangle, which will turn and indicate even the slightest leakage.

Now, go have a cup of coffee or take a nap. Use no water. Wait at least 30

minutes, then take a new meter reading. If any of the pointers have moved, you have a leak!

The most common culprit is the toilet. Turn your toilet(s) off at the base of the tank, take another meter reading, and again wait 30 minutes. Take a new reading. If the dials have not moved this time, you've discovered your water thief and should have your toilet(s) repaired immediately. You may be able to do this yourself.

If the dials continued to move even after you turned off the toilet(s), there is a leak somewhere else. Turn off the water to the house at the emergency shut-off valve, probably found near your home, usually in a direct line from the meter to the house. Take a reading, wait 30 minutes, and then take a new reading.

If the dials have moved, there is a leak somewhere between the meter and your home. Repairs to that line are your responsibility. If the dials have not moved, there is a leak somewhere in your home, and you may need professional assistance to find it.

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THEFTS, ATTEMPTED THEFTS, AND THEFTS PERHAPS

MID VALLEY MOBIL. Theft of gas reported. No value given. 12/13.

MOUTH OF CARMEL VALLEY. Public works reports theft of battery from one of their tractors. No value given. 12/13.

CLOCKTOWER PL. Employee reports theft of her purse from her office. Purse found later - minus wallet. Contents and value not stated. 12/13.

LA RANCHERIA. Resident reports her daughter saw someone looking in the rear door of their house at 4:30 p.m. on 12/3. 12/13.

STAR RTE 140. Resident reports burglary at her residence. No other information given. 12/14.

VIA LAS ENCINAS. Resident reports someone tried to take his truck. No details given. 12/15.

TELERANA WAY. Resident reports suspicious vehicle in neighborhood. Vehicle belongs to neighbor who was collecting canned goods for the needy. 12/15.

VIA LAS ENCINAS. Resident reports that the house he is watching, also on Via Las Encinas, was entered sometime last week. No further information available. 12/16.

RANCHO RD. Resident reports her vehicle entered and ignition switch damaged sometime during the last six weeks while vehicle was parked in front of her house. 12/20.

PASO CRESTA. Resident reports theft of an Alpine AM/FM cassette vehicle during the night. No value given. 12/21.

PASO HONDO. Resident reports theft of RK Ripper 20" dirt bike from his front porch. No value given. 12/21.

GARZONE'S. Owner reports that, during the night, someone attempted to enter his store through the roof. 12/21.

ALBERTSON'S. Employee reports theft of four bundles of wood from outside the store. No value given. (Wood needed to keep someone warm, perhaps?) 12/22.

HACIENDA CARMEL. Resident reports that a white male adult about 30 years old grabbed her purse on the sidewalk by her house. He drove off in a ratty red Volvo, partial plate ID "UH." 12/22.

CARMEL VALLEY VILLAGE. Alarm call at Grapevine. Front door found shattered; cash register taken with days receipts. Owner estimates minimum of \$600 taken. 12/24.

OFF SHORE TANNING CENTER. Prado Del Sol resident reports theft of watch from tanning center on 11/26. Employee suspected. No value given. (What does it profit a person if the whole body is tanned but s/he suffers the loss of a watch?) 12/24.

VIA CONTENTA. Resident reports having \$100 cash taken from her purse 12/24.

TASSAJARA RD. Resident reports theft of snow chains from her truck. No value given. (Someone going to Tahoe?) 12/26.

OUTLOOK DR. Resident reports finding the door to her residence open. (And then?) 12/28.

CARMEL VALLEY RD. Resident reports theft of her property by former roommate. Neither property nor value of same given. 12/29.

W. GARZAS RD. Resident reports a .22 calibre automatic handgun missing from her house sometime between a month ago and today. (No comment!) 12/29.

ON LOVING THY NEIGHBOR

CROSSROADS MALL. Rio Road woman reports having trouble with subject in mall. (What kind of trouble?) 12/15.

HITCHCOCK CYN. Resident reports annoying phone calls. 12/16.

BLUE SKY LODGE. Resident reports that someone has been gassing her with mustard gas every night for the past three weeks. 12/17.

SCARLETT RD. Anonymous person advises that a ten-year-old male had been left alone for 10 days by his parents while they went to Washington State. Checked boy at residence. His mother wasn't home, but was only running errands in town. 12/18.

THE CROSSROADS. Carmel man reports that, while working in the vicinity of the Rio Grill, he was nearly hit by a gold vehicle with three subjects on board. Gold Dodge Daytona stopped at Highway One and Carpenter, but not positively identified. (Step sharp!) 12/18.

SCHULTE RD. Man called to report a disturbance at a nearby address. Contacted subject who said the disturbance involved his girl friend's ex-boyfriend. Subject refused to prosecute. (Who's on first?) 12/19.

CARMEL KNOLLS. Resident reports a truck parked in front of a nearby residence for several days. Truck found to belong to the people at the residence. 12/19.

CARMEL RANCHO CENTER. Woman reports that a man, whom she named, was trying to date her and would not take no for an answer. He was contacted and told to look elsewhere for love. 12/21.

VIA POCA. Resident reports her neighbor's horse loose and wandering on her property. (Just making a friendly Christmas call?) 12/21.

CARMEL VALLEY RD. Resident reports someone ran into her gas meter. 12/21.

RANCHO DEL ROBLED. Resident called to report trees along Del Robledo were damaged by a moving van. 12/22.

JIMMIE'S AMERICAN PLACE. Report of fight at restaurant. Carmel man got into a fight with another man. While helping second man when he was down, a woman was struck in the face four times by an unknown person. 12/23.

LOS LAURELES GRADE. Woman reports being battered by another woman. No reason or provocation given. 12/28.

CHECK & DOUBLE CHECK

BUCKEY COURT. Resident reports that her uncle's former nurse forged and cashed a state tax return check. No value given. 12/14.

ALBERTSON'S. Bookkeeper reports three bad checks from Marina woman. No value given. 12/19.

ONE—OR MORE—TOO MANY!

CV RD AT RANCHO CANADA. Carmel man arrested for drunk driving. 12/22.

THE CROSSROADS. Security Officer reports a drunk with a knife in front of Great Scott's Pizza. Man located and arrested for being drunk and for a warrant. 12/21.

ALL IN THE FAMILY

MESTRES RD. Resident reports his neighbor threatened to shoot his six year old daughter. (Then what happened?) 12/21.

CAMINO DE TRAVERSA. Resident reports a battery with his stepson. 12/16.

TIERRA GRANDE. Resident reports an argument with her 14-year-old daughter. (In my day, we would simply...!) 12/26.

PASO CRESTA. Resident reports that his son and the boy's mother were missing from residence. No signs of foul play. If found, have woman contact residence and verify well-being. 12/27.

FOR BETTER...OR WORSE

VIA CONTENTA. Resident called to report a domestic dispute with her husband. 12/22.

LOS HELECHOS. Resident reports her husband struck her. Husband arrested and transported to County Jail. 12/23.

LOS HELECHOS. Resident reports hearing someone coughing and walking around downstairs. No one seen or heard when deputies arrived. (A Halloween spook who got its dates mixed up?) 10/21.

CITIZEN ALERT!

RIO RD AT HIWAY ONE. Pacific Grove woman reported observing a child being

battered in a vehicle at Rio Rd. and Highway One. Driver of car, a Carmel woman, contacted. Her two-year-old son fine. Unfounded. 12/25.

LOST, FOUND, ABANDONED

BORONDA RD. & GARZAS. Boronda Road resident found and turned in a functioning slot machine. (Visits by appointment only.) 12/23.

THE BARNYARD. Owner of Carmel Lifestyles reports a man telephoned the store saying he found property belonging to the store. 12/17.

CARMEL RANCHO BLVD. Country Club Drive woman reports she lost a women's grey wallet near Brinton's. No value given. 12/19.

VANDALISM

MID VALLEY SHOPPING CTR. Maintenance man reports that sometime during the night, someone pulled down some Christmas tree lights from the front of the Center and also removed a handicapped sign. Area checks requested around the time the last movie gets out. 12/15.

RIO RD. Monterey woman reports her vehicle damaged while parked on Rio Rd. Nature and amount of damage not stated. 12/16.

CHATEAU JULIEN. President reports that, during the night, someone damaged the sign in front of the winery. No value given. 12/19.

MID VALLEY SHOPPING CENTER. Robinson Cyn woman reports her bicycle tires were slashed while vehicle was parked behind the Chevron Station at the shopping center. No value given. 12/23.

DELFINO PL. Aliso Road man reports damage to his car while parked at Kasey's Nature and amount of damage not stated. 12/126.

STRANGER THAN FICTION?

CARMEL KNOLLS. Resident reports strange subject came to his front door and tried to get him to come outside. (Hmmm!) 12/16.

SHOPLIFTING

ALBERTSON'S. Clerk reports Carmel Valley man in custody for shoplifting. No further information available. 12/16.

MISSING PERSONS

LOS OSITOS. Resident reports female juvenile missing since yesterday. 12/13.

CARMEL VALLEY RD. Bodega Bay woman reports her son, 28, who was to come to her house on Christmas had not shown up. Son drives a blue 1983 Toyota. 12/27.

TERROR IN CARMEL VALLEY

QUAIL LODGE. Bomb threat received. No further information. 12/15.

CROSSROADS SAFEWAY. Bomb threat received. Nothing found. 12/23.



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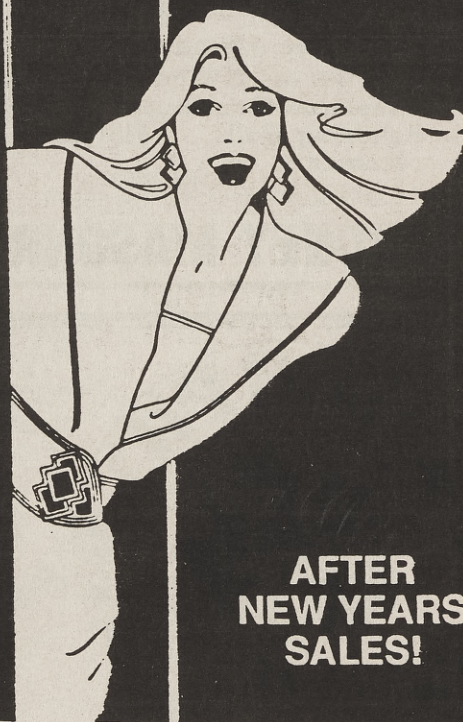
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LAFCO Initiates Study Of Valley Fire Services

Are there better ways to provide fire protection services to Carmel Valley and other unincorporated areas of the Monterey Peninsula? That question is now being studied by the Local Agency Formation Commission. LAFCO is the County agency that coordinates changes in local governmental boundaries and conducts special studies of ways to reorganize, simplify and streamline the structure of local government.

"On the surface, there are a lot of fire districts in this area with some duplication of overhead expenses," Mid Valley Fire Chief Gary Carmichael told the *Sun*. "Big isn't necessarily better, but there is a crossover point where some consolidation makes sense," according to Carmichael.

The Mid Valley Fire Chief welcomes the LAFCO study. "We should take a good look at the organizational structure every 5 or 7 years," he said, and the last time this was done was in 1982.

LAFCO Executive Director Jim Cook says there have been a lot of changes since the 1982 study. Service needs have been increasing and revenues decreasing. "We want to look at whether the current arrangements are the most cost-effective," Cook said. There are also a number of boundary issues to be examined, such as who can best provide fire protection services for the future Odello and Monterra developments, he explained.

Carmel Valley Fire Chief Bob Heald, who is vice chairman of the Steering Committee for the study, is taking a wait-and-see attitude. "I'm not aware of any compelling reason for the study other than updating the 1982 study. It is too early to tell where the study is headed," according to Heald.

The study will focus on the responsibilities and interrelationships between six agencies. In addition to Carmel Valley and Mid Carmel Valley fire districts, the study will cover the Rio Road and Aguajito Road stations, Carmel Highlands and Pebble Beach. The Cachagua Volunteer Fire Company is not a formal part of the study area.

There is a complex web of agreements and understandings between these agencies for mutual aid in fighting fires, sharing specialized equipment and support services, and cooperation in training. Three of the six agencies contract with the California Department of Forestry for some or all fire protection work.

There is also a surprising diversity of organizational structures. Carmel Valley Fire Protection District is an independent district with an elected board of directors. Mid Carmel Valley and Carmel Highlands are also independent districts, but with directors appointed by the Board of Supervisors. The Rio Road and Aguajito Road stations are County Service Areas administered by the Public Works Department, with the Board of Supervisors as the governing authority. Pebble Beach Community Services District is an independent district responsible for sewage as well as fire services.

The study will first analyze existing service patterns and capacities, then identify and evaluate organizational options.

A Steering Committee has been formed with one staff and one board member from each of the six agencies. The committee is developing a scope of work and financial plan for the study. The study itself would be done by a consultant under direction of the Steering Committee.

CVPOA Meeting Place Changed

Monthly meetings of the Carmel Valley Property Owners Association Board of Directors will henceforth be held in the new Community Room of the Mid Carmel Valley Fire Protection District. Meetings were previously held at St. Dunstan's Church. The first meeting at the recently

remodeled Mid Valley fire station is Jan. 11. As in the past, meetings are always at 7:30 p.m. on the second Wednesday of the month. Meetings are open to the public.

Please see related article on the availability of the new Community Room to other groups or individuals.

Strasser Kauffman: 'Tell Everyone I'll Be Back Soon'

Supervisor Karin Strasser Kauffman made it home from the hospital for Christmas. She remains at home with her family, recuperating slowly from the broken back and ribs and multiple bruises suffered in a horseback riding accident Dec. 10.

She started eating solid foods again last week, and began making good progress in regaining strength, although she still has a long way to go. Progress is measured by how many minutes at a time she is able to sit up. She is able to walk unattended now, but still finds it very painful to stand up straight.

Supervisor Strasser Kauffman took the oath of office for her second four-year term as fifth district supervisor on Jan. 2. The oath was administered at her Carmel Valley home by Judge Richard Silver. She was unopposed for re-election. Other re-elected supervisors were installed in Salinas on Jan. 3.

"I hope in the next couple weeks to slowly start getting back into gear," Strasser Kauffman told the *Sun*. "I'll start by phasing in a few hours of work a day at home, but I don't know how soon that will be. I've already learned that if I go

too fast, it takes me a day or two to recover. But I'll be back soon. Tell everyone that," she advised the *Sun* reporter.

"I never doubted that everything would end well, but now I really know for sure that it will. It's just going to take some time, and I have to learn to be patient. Then I'll be as good as new," the supervisor said.

"Please tell everyone how much their thoughts and good wishes have meant to me," Strasser Kauffman asked. "I have been constantly touched by the kind things people have written. I have felt surrounded by affection, and this has given me strength. It helped restore my spirit, and the spirit is now dragging my battered body along with it."

Strasser Kauffman explained that people have reached out to her in so many different ways, sending notes, letters, flowers, and cooking meals for the family. They have written touching stories and poems, and even apologized for complaining so much during the past four years. Congregations have said prayers for her, and whole organizations, streets and neighborhoods have sent collective cards signed by everyone.

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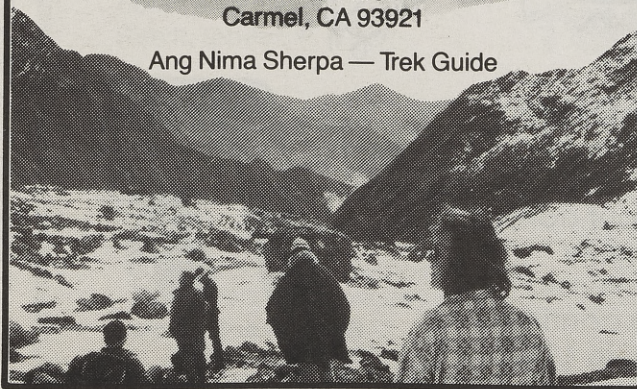
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PEOPLE ARE READING

News from the Carmel Valley Library

FICTION:

The Risk Pool...Richard Russo
The Last Portrait of the Duchess of Alba...Antonio Larretta
Moon Mirror (SF)...Andre Norton
The Story of the Stone (SF)...Barry Hugart
The Dark Door (SF)...Kate Wilhelm
Baptism for the Dead...R.R. Irvine
A Little House Sampler...Laura Ingalls Wilder
A Woman by Design...Frances Kennett
Fair & Tender Ladies...Lee Smith
Bump in the Night...Isabelle Holland
The Man at Windmere...Velda Johnston
Windsor Red...Jennie Melville
A Twist of the Knife...Stephen Solomita
Possession...Peter James

NON-FICTION:

Views from Thornhill...Dee Hardie
Thatcher...Kenneth Harris
Save Your Knees...James Fox
Woman Writer: Occasions & Opportunities...Joyce Carol Oates
Wildflowers Across America...Lady Bird Johnson
The Coming of the Cosmic Christ...Matthew Fox
The DeMilles: An American Family...Anne Edwards

Holidays in Hell...P. J. O'Rourke
They All Laughed at Christopher Columbus...Gerald Weissman
Women In Therapy...Harriet G. Lerner
Caldecott & Co.: Notes on Books...Maurice Sendak
The Guns of Cedar Creek...Thomas A. Lewis
*The Last Lion: Alone, 1932-1940**...William Manchester
Churchill: A Photographic Portrait...Martin Gilbert
Lost In a Book: The Psychology of Reading for Pleasure...Victor Nell
Black Monday: The Catastrophe of Oct. 19, 1987...Tim Metz
Bicycling Across America...Robert Winning
Anna Freud: A Biography...Elizabeth Young-Bruehl
Two Part Invention: The Story of a Marriage...Madeleine L'Engle
Peace of Mind During Pregnancy...Christine Kelley-Buchanan
The Little Black Book of Business Reports...Michael C. Thomsett
The Arthur Young Guide to Raising Venture Capital...Steven G. Barrill
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Educators Combining Head Start and Special Education Classes

The Head Start and Special Education Departments of the Monterey County Office of Education will present a ten-minute video, "Mainstreaming into Head Start," on Tuesday Jan. 10, 10 a.m., at Bard Blades School, classroom 1.

The video, produced locally by the Office of Education and the Regional Occupation Program (ROP), features local children currently enrolled in the mainstreaming program.

The intended audience of the video presentation is parents and educators involved in the program and the local media. After the presentation, the video will be used throughout the year to inform parents of students who may be enrolled in the coming year.

The video shows severely handicapped preschool children and Head Start children in class together engaged in age-appropriate activities. A combined staff from Special Education and Head Start serve the combined group of preschoolers and their families.

When handicapped children have the opportunity to be with non-handicapped peers on a regular basis, their social skills are refined and communication skills improve. The non-handicapped children become more accepting of people with handicaps.

An interpreter will be on hand for Spanish speaking guests, and refreshments will be served.

For information, telephone 373-2955.



Sean Folsom with a small portion of his instrumental collection

The Valley's Sean Folsom Appears Jan 20 In Concert at C.V. Library

The Friends of the Carmel Valley Library will present musician and folklorist Sean Folsom in concert Friday, January 20, at 7:30 p.m.

Valley resident Folsom will play a variety of instruments from the Highland bagpipes to the hurdy gurdy. He has collected bagpipes from 25 countries of Western and Eastern Europe and North Africa.

Folsom not only is a master of the pipes. He also plays accordion, flute, and several ancient instruments, such as the rebec and the cryuth, ancestors of the violin.

Folsom began playing and studying music in both classical and jazz traditions when he was 12. He has appeared extensively for TV, radio, and music festivals and affairs of state.

A trip to Scotland started him on his career as a piper. Besides recording with such musicians as Van Morrison (*Beautiful Vision* album, 1982), he has composed and recorded for motion picture sound tracks; *Northern Lights*, 1980, winner Best New Picture, Cannes Film Festival, and Host of the Air, 1982.

The Library is located at 65 W. Carmel Valley Road in the Village. No admission. For information call 659-2377.

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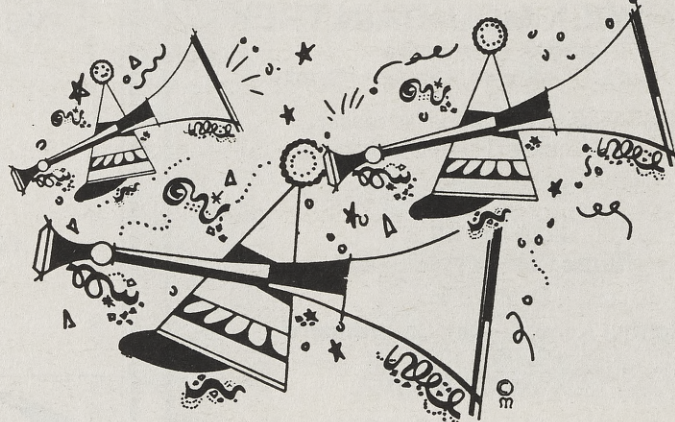
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Traffic Safety Contest \$\$\$\$

Laureles Grade

This week's Traffic Safety Contest winners are Mark Schlegel and Rod Mills, both of whom called attention to the problem of runaway trucks on Laureles Grade. Each will receive a gift certificate for dinner for two at a local restaurant.

In describing the problem, Mills wrote, "There have been several runaway trucks that have come downhill on Laureles Grade and crashed on or across Carmel Valley Rd. At least one truck driver has been killed. Fortunately, none has struck another vehicle, but the possibility for additional death or injury is very apparent."

Both suggested solving the problem by installing a runaway truck ramp on the west side of Laureles Grade as it approaches Carmel Valley Rd. Schlegel's idea was for a thick gravel ramp leading into the field. Mills envisaged a series of retarding barriers along the road shoulder. These might be suitably sized and spaced wooden posts or plastic barrels filled with water. Both cited examples of where these techniques have been used.

County records show five collisions, during about the past four years, by runaway trucks unable to stop as they approach Carmel Valley Rd. County Public Works recognizes the problem but suggests a different solution.

Two actions are being taken—one in response to the letters, the other previously underway.

In response to the letters, signs will be installed on Laureles Grade recommending that drivers test their brakes. The signs will be placed so that if a driver feels the brakes are not working well, there will be sufficient time to pull off the road and stop before reaching the intersection at Carmel Valley Rd.

Already underway is construction of a brake inspection station on Highway 68. The Toro Interchange and four-lane section now under construction there includes a wide area where the California Highway Patrol can perform random brake inspections by their commercial vehicle inspection team.

County traffic engineer Gary Filice believes this additional inspection of local

vehicles will do more good than any other action that could be taken. "Our studies show that of the five collisions involving runaway vehicles, all were light duty delivery trucks and three would have been put out of service had their vehicles been inspected," Filice said.

Filice believes additional signing and inspection are preferable to a runaway truck ramp. The first problem with a ramp is that a driver may not realize he has no brakes until he gets 150 feet from the intersection, and then he is already past the ramp. The second problem is insufficient space. Minimum design standards call for a runaway truck ramp to be at least 1,700 feet long. After rounding the last curve just north of Carmel Valley Rd., there is only approximately 500 feet until Laureles Grade ends at Carmel Valley Rd., according to Filice. Also, the shoulder width is insufficient for installation of impact attenuators.

The County has already taken some steps to improve traffic safety at this location. In 1987, it increased the size of the stop sign and double arrow at the intersection; installed a "T" intersection sign and rumble strips on the approach to the intersection; and put up an additional "Hill" sign.

There is nothing that will completely eliminate the traffic hazard at this location. With a "T" intersection at the bottom of a long and steep hill, some risk of accident is inevitable. Drivers on Carmel Valley Rd. should be alert to the hazard and observe what is happening on Laureles Grade as they approach the intersection. Thanks to Mark Schlegel and Rod Mills for pointing out this problem.

A simple letter to the *Carmel Valley Sun* is sufficient for you to enter the Traffic Safety Contest and possibly win a dinner for two. Your letter should describe a traffic safety problem and suggest a feasible solution. The *Sun* will follow up by discussing your suggestion with County Public Works Department or other appropriate group in position to evaluate it and take action.

Traffic Growth Continued from Front Page

east of Carmel Rancho Blvd. in the year 2010. If traffic on Carmel Valley Rd. continues to increase at 5 percent per year, however, that year 2010 projection will actually be reached in 1994 or 1995!

County engineer Divine has been studying the potential impact of the Hatton Canyon Freeway on County roads. He is reviewing the underlying assumptions behind Caltrans' projections of overall traffic growth and estimates of turn movements at each location. He will do a sensitivity analysis to determine where the critical movements are that would be affected by different assumptions.

Divine has been impressed by the quality of Caltrans' work. "The more I get into the details of their assumptions and analysis, the better it looks. Usually, it's just the opposite," Divine told the *Sun*.

In an interview before her accident, Supervisor Karin Strasser Kauffman said she thinks that most of the increased traffic on Carmel Valley Rd. is not generated by activities within Carmel Valley. "We are being impacted by state, national and even international trends," Strasser Kauffman said. She made these points:

- Development anywhere on the Central Coast impacts our area. There is a tremendous increase in development within a one day drive of the Peninsula. The nature of tourism here is changing, with a big increase in day-trippers.

- The state of California has a major, nationwide advertising campaign to attract tourists to the Central Coast, which it describes as the "Middle Kingdom."

- Even the decline in the dollar is having an impact. Everyone recognizes that we have many more foreign visitors now.

Strasser Kauffman is concerned that none of these activities is controlled by the master plan, but they can activate the traffic trigger in the master plan. She also worries about a future sanctification of

Father Serra, which would make traffic much worse.

The supervisor believes "we must pull together and work to prepare for the real traffic crunch that is coming, and over which we have no control. We need to anticipate this crunch and protect ourselves against it."

She sees the proposed Hatton Canyon Freeway as a principal means "to cushion local residents from the impacts of increased tourism." The freeway will keep the through traffic off our local roads, Strasser Kauffman said.

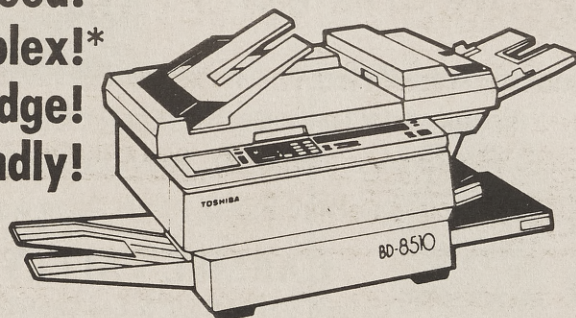
Diane White, planning director for Carmel-by-the-Sea, focuses on several other causes of the traffic increase. Long weekend vacations are becoming more popular, and "Carmel is a prime target for that," according to White.

There are also changes in the nature of Carmel's population, White explained. There are more full time residents, fewer vacation homes that are vacant most of the year. And more of the residents have families, which increases auto trips. "Our housing occupancy is up, and there is more shared housing," White told the *Sun*.

The resident caught in the increasingly frequent traffic jams has ample time to contemplate the approaching gridlock. To many, the inexorable traffic growth underscores the urgency of building the Hatton Canyon Freeway.

Others see this growth as invalidating the whole freeway concept. They believe the new freeway would itself soon be clogged with traffic. "If you can't control the growth, the freeway becomes a temporary bandaid that attracts even more traffic. If we'll have gridlock even with the freeway, why not just have gridlock a few years earlier — without the freeway," they ask.

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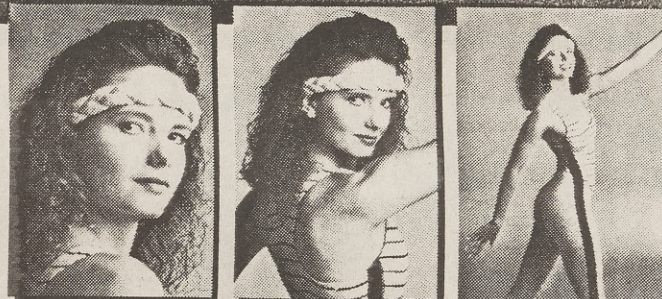
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Village Dr. & Paso Hondo

Tues/Thurs 9:15 a.m.

Hidden Valley Music Seminars
Ford Rd. & Carmel Valley Rd.

Tues/Thurs 5:30 p.m.

Tularcitos School Multipurpose Room
Ford Road & Via Contenta

Premiere Central Coast Garden Show Benefits Friends of Hospice in April

A professional, juried Garden Show will be hosted at Monterey County Fairgrounds April 20 through 30 as a benefit for Friends of Hospice.

Ambassador and Mrs. Bill Lane will be honorary chairs for the event. Planned as parallel to the great eastern U.S. garden events, the show of color and design will include professional landscape architects, interior designers, contractors, florists, nurserymen, and individuals to exhibit

their creative use of public and private areas for gardening.

Exhibits will include patios, decks, pools, atria, lanais, spas, topiary, and bonsai. Among the exhibits will be window boxes created by children from throughout the Central Coast, drought and deer resistant plantings, and special gardens for the handicapped.

Further information is available from Carvel van der Burch at 625-2167, and 372-6565, and Carol Rissel at 624-2608.

Thunderbird Lecture Series Starts Jan. 9

The Thunderbird Bookshop's Whole Life Center will begin a series of Monday evening conversations and lectures on January 9, from 7 to 9 p.m.

Every Monday evening, January through June, a program will be conducted by a leading expert in the field of health, psychology, religion, or metaphysics. Many selected guest speakers will be interviewed by radio personality Barbara Rose Shuler for rebroadcast on KAZU radio's "Discovery" Thursday evenings at 7 p.m. The audience will be encouraged to participate

in discussion during the evening.

There will be a \$5 cover charge.

To open the lecture series a party will be held from 5:30 to 7 p.m. Monday, January 9th. The series' first speaker, Robert Skutch, publisher of *A Course in Miracles*, will be among the guest speakers attending.

The Whole Life Center is located in The Thunderbird Bookshop in The Baryard off Highway One between Carmel Valley and Rio Rd. For information, call Sara Bernstein, 624-1803.

Garden Club Sets Program on Native Plants

The Carmel Valley Garden Club will meet on Thursday, January 12, at 8 p.m., at St. Dunstan's Church. Suzanne Schettler will talk about "Native Plants in the Garden."

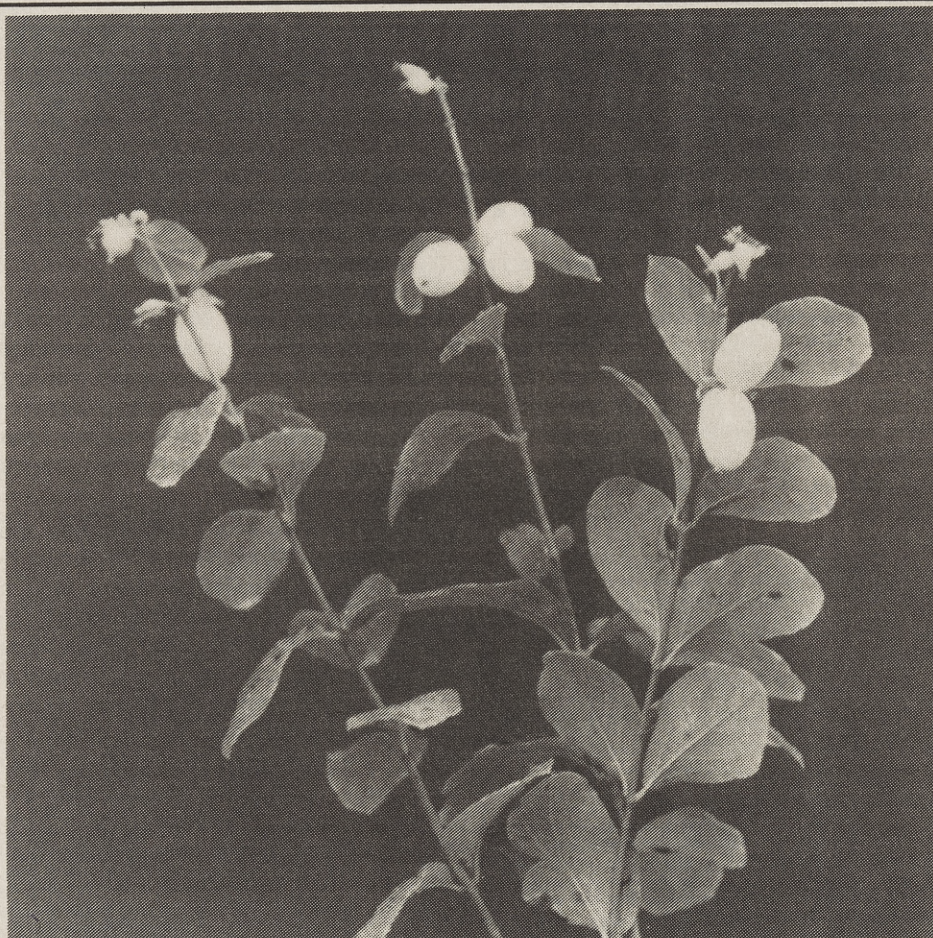
Ms. Schettler is a research worker at the Hastings Natural History Reservation operated by U.C. Berkeley, located in the far

upper end of Carmel Valley.

Ernie Marshall, Club President noted that "even with our rain, this is a timely topic as we plant in partnership with nature."

Visitors are welcome.

For further information, call Bob Annand at 659-2410.



What's Blooming?

By Marilyn Raynes

What could be more appropriate to the season than a Snow-berry? Though the waxen-white berry is a fruit, not a bloom, they are so pretty in the shade along the river that they seemed to rate our attention this month. The proper name is *Symphoricarpos albus*, and they are deciduous shrubs growing from 2 to 6 feet tall. The leaves are a dull green and rounded in shape. There are tiny pink flowers in May and June and then, when most of the leaves have fallen off, the little snow-berries appear, lasting from late summer until winter.

LITTLE

"Flowering orchid
Plants"

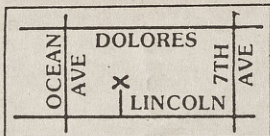
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New Park Naturalist Plans Jan. 14 Hike

Monterey Regional Park District Naturalist Nikki Nedeff has announced a Jan. 14 Garland Ranch Park hike.

The six-mile hike will begin at 8 a.m. in the bank parking lot in the Village, across from Murphy's Lumber.

Nedeff advises, "This is a very steep and rigorous six-mile hike up switchbacks to the ridge overlooking Carmel Valley Village."

She encourages appropriate footwear and clothing, ample water and lunch as basic needs for reasonably-well conditioned hikers.

Telephone the Garland Ranch Park headquarters at 659-4488 to confirm participation in advance.

The hike will reach the summit within the new deDampierre addition to the park.



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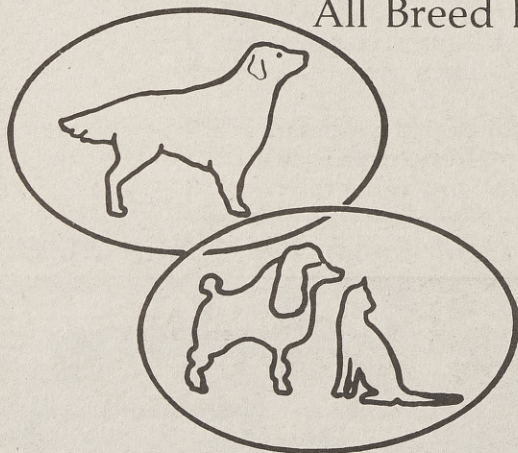
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Valley People

By Grace Darcy

1989 is here...We will spare you a year's worth of reminiscences - there's been enough of that sort of thing in the press and on TV. What is past is never perfect, but we are gifted with a new and fresh start each year...even each day...so that, if we will, we can recognize our mistakes, forgive ourselves and others for the many sins of omission and commission we commit, and seek positive, creative ways to serve each other and the communities (family, county, state, national, and world) in which we live. May your New Year be filled with love, wisdom, joy, caring, understanding, and compassion.

Lots of Carmel Valley people dropped by THE IRON KETTLE on December 22 to join DONNA HAMILTON and family as they hosted the Kettle's Second Annual Christmas Party. Assisted by daughter DE CABRAL, granddaughter ANGEL CABRAL, good friend KEVAN STRATHMEYER, and handsome husband DENNIS THUSH, DONNA served a lovely sit-down chicken dinner to all who came. Among those present were PHYLIS SHULTZ, JIM POULOS, ELIZA-

BETH and BUD CARLSON and their children KRISTEN, BRETT, and baby DREW, DICK HALSTROM, DR. and DIANE FINE, JUDITH and TASHA HUNT, JULIE and MAURICE HARVEY, RUTH and FRANK PEASE, CHARLENE and RANDY RANDAZZO and MIKE HOHLER, AL and MYRTLE TYLER, KALANI and CAROL FONSECA, THES CRITTENDEN, RAY LINDSAY, JENNIE TAYLOR, and BOB DECKER. A great time was had by all! (See pictures elsewhere in the Sun.)

CAL JEPSON (Carmel Valley Ranch) is the new president of the Carmel Valley Chamber of Commerce. STEVE AUSTIN (CV Family Dental Care Center) will again be first vice president; VIVIAN MILLER (First Interstate Bank) is 2nd vice president; HOWARD FOSLER (All State Insurance) is secretary, and NORMA WRIGHT (Monterey County Bank) is treasurer. All were chosen at a Board meeting held prior to the Chamber's annual Christmas Party at Valley Lodge hosted by SHERRY and PETER COAKLEY. Congratulations to the new officers! By the way, the CV Chamber's annual installation dinner is scheduled for Friday, January 27, at Rancho Canada. Further details, including the name of the guest speaker, will be available later in the month. By the way, the Chamber's Annual Good Egg Awards will also be made at the January 27 Dinner.

Friends of the GORDON KNAPPS wish them a wonderful life in Phoenix, Arizona, where they moved recently. They will be missed!

Good news from KARIN STRASSER KAUFFMAN...she's now at home...spent Christmas at home...and is beginning to feel better; nevertheless, she needs lots of rest...so no visitors, no phone calls yet. We all miss you, KARIN!

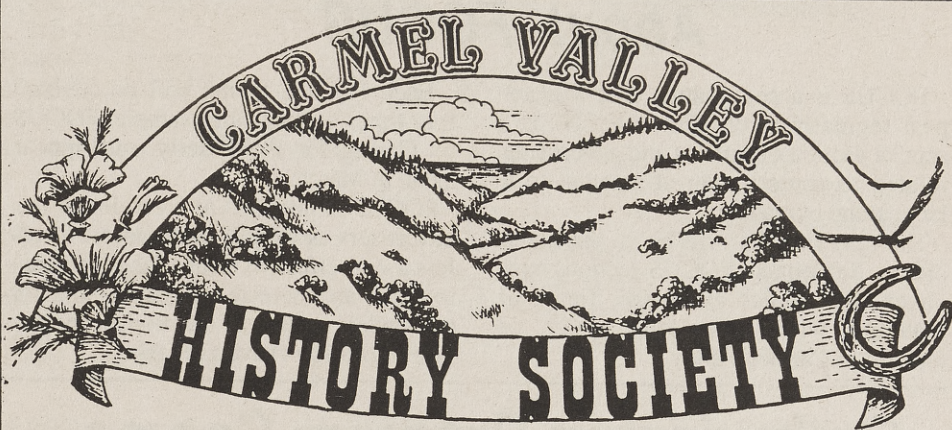
Happy New Year to ALL!

New Community Room Available in Mid Valley

A new meeting place for community groups is now available at the recently remodeled fire house in Mid Valley.

According to Mid Valley Fire Chief Gary Carmichael, the new Community Room is available to anyone on a first come first served basis. For now and the foreseeable future, there is no charge for using the room.

With chairs only, the room seats about 50 persons. With tables, it seats about 35. To reserve the room, call the Mid Carmel Valley Fire Protection District at 624-5907.



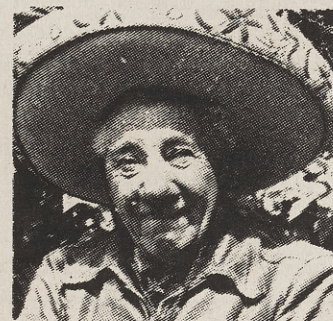
CARMEL VALLEY NEWS

December 30, 1955

- JOE HITCHCOCK WRITES -

It looks like history is repeating itself this year. Last week it was Heap Big Wind and this week we all seem to be all wet but thank the Powers that be that no serious damage was done.

It will give you some idea of what our pioneer fathers were subjected to before we had the large dams on the head waters of the Carmel River. This is the highest the river has risen in the past 10 years.



Joe Hitchcock

It reminds me of the first time I saw the river at its highest in 1886. I was too small to handle a horse so my father had to lead me on a gentle horse. We went down to the Soberanes crossing just west of the River Ranch.

My father also told us many times of how the Meadows adobe was washed into the river in the early 1870's. The house was just west of the Begonia Gardens.

When we had only the small dam, the fish ladder was made of heavy planks and timbers and during one of the heavy winters it was washed out and the planks and timbers were strewn along the river banks and were salvaged by any one who could get them.

You can imagine what it was like to be marooned on the south side of the river from a week to a month, watching and praying that the flood waters would soon recede.

Something going on in your family or business? Share it with Sun readers...call 659-4855 or write it down and send it to the Sun at Box 931, Carmel Valley, CA 93924.

'Til next time...

Before green apples blush,
Before green nuts embrown,
Why, one day in the country
Is worth a month in town.

—Christina Rossetti

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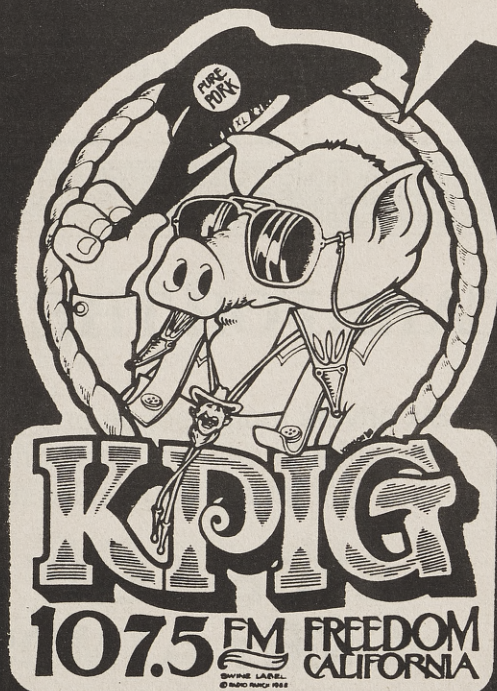
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About FOCUS

FOCUS is a new feature that will appear regularly in the *Sun*. FOCUS is a special section of articles and advertising related to some theme of interest to a large group of readers.

The next FOCUS will be on the home office. Subsequent FOCUS sections may cover such topics as horses, financial planning, wine, automotive repair, or tourism in Carmel Valley.

Each FOCUS theme will be covered four times a year. For example, FOCUS on Caring for the Elderly will appear again in March.

FOCUS is intended as a service to our advertisers as well as our readers. It offers a very effective means for advertisers to reach an interested audience, and for our readers to learn of the products or services advertisers have available.

Ombudsman Program Serves Long Term Care Facilities

By Clift Wilson
Ombudsman Program

The Monterey County Long Term Care Ombudsman Program is a nonprofit tax exempt agency designated by the State Department of Aging to provide Federal and State mandated ombudsman services to elderly residents and dependent adults in long term care facilities.

OM-BUDS-MAN is a Swedish word, describing an independent, neutral and objective person who explores problems and seeks solutions. The term was adopted into English because there is no English word which fully describes the role.

The program's goals are to promote and support a high quality of life in Monterey County's 17 nursing homes and 80 residential care facilities, to assist the approximately 2,400 residents in the assertion of their civil and human rights, and to involve the community in understanding and achieving these goals.

The program staff and certified volunteers emphasize dignity and self-determination in their efforts to carry out these goals. Maintaining strict adherence to confidentiality requirements, the pro-

FOCUS ON:



Caring

gram receives, investigates and seeks to resolve complaints made by or on behalf of residents in long term care facilities relating to matters which may affect their health, safety, welfare or rights. The program often works with residents and facility staff to resolve issues in the areas of: abuse, neglect, patient rights, quality of care, dietary concerns, activity programs, physical environment, regulatory agencies, level of care and unlicensed facilities.

When necessary, ombudsmen work closely with regulatory agencies and make appropriate referrals to other agencies assisting seniors and dependent adults.

California State law requires an ombudsman: witness the signature of any nursing home resident who wishes to execute a Durable Power of Attorney for

Health Care, or a Directive to Physicians under the Natural Death Act, to insure that the resident is executing the document willfully and voluntarily; witness the transfer of property valued over \$100 from a nursing home in which the resident resides.

You should contact the Ombudsman Program if:

You know a resident in a skilled nursing or residential care facility who needs assistance;

You know someone whom you believe is in need of a long-term care facility and you don't know where to begin;

You are interested in learning more about the volunteer opportunities available.

A United Way service agency, ombudsman services are free and confidential.

Alzheimers Disease: Living With a Stranger

By Wayne Lavengood
CHOMP Mental Health Center

Alzheimers Disease is now a household word. It has come out of the closet with the public awareness of celebrity figures such as Rita Hayworth. Her erratic behavior and memory loss is now attributed to Alzheimers Disease. Her daughter, Yasmin Aga Kahn, explained that Alzheimers Disease "slowly transformed my mother from a brilliant, vibrant actress and loving mother to a stranger who could no longer recognize me, communicate, or even care for herself." It is considered the fourth leading cause of death in the United States and affects approximately 20 percent of those 80 years old. To date no definite diagnostic test or cure exists.

One of three families is in some way affected by Alzheimers Disease. Contrary to public opinion, 70 percent of the care is provided by family members for patients with dementia. Twenty years ago, most of those patients with Alzheimers Disease were not diagnosed as such, but instead were considered senile or crazy. Patients and family members were isolated and stigmatized by a mental illness. One family member described this disease as like having leprosy. Friends stayed away, and families avoided or even criticized family care givers.

Today we are seeing a dramatic change in how the disease is understood and how families provide care. In the early '70's, opinions were expressed by professionals and families that patients with symptoms of dementia became that way because they were lazy and using their brains too little, and that if pushed to learn and overcome the laziness, they could return to normal. However, later came the discovery that many of those who were thought to be suffering from other illnesses were actually suffering from Alzheimers Disease. The cause of Alzheimers Disease is irreversible brain damage, rather than an unexercised muscle.

Family members are now encouraged to not push their relatives to perform activities or tasks they are unable to do. Responsible caregiving is now seen as managing stress situations and avoiding confrontation of a patient's deficits. This shift in thinking has dramatically reduced what we call "catastrophic reactions" such as aggression, anger, or emotional behavior which often occurs when an Alzheimers Disease patient is pushed beyond his or her capacities.

Another significant change in attitude is the growing public acceptance that a fam-

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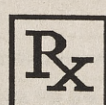
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ing for the Elderly

ily is not remiss in using other resources outside the family to provide better care. A common belief has been that an illness such as Alzheimers Disease should be hidden from the community or even other family members, and that the family should shoulder 100 percent of the care even if they are not emotionally or physically up to the task. Many family members develop serious, stress related illnesses which have cut short their ability to provide care because of their reluctance to accept help.

The development of many programs on the Monterey Peninsula designed to help Alzheimers Disease patients and families has opened the door for families to not only ease their burden but also prolong their ability to give care at home. The Monterey Peninsula is richer than most communities with programs such as counseling for families and understanding behavior and determining strategies for responsible care.

Alzheimers Disease Family Support Groups enable families to share ideas on what care approaches work best, how to find and use help, and up to date information on research.

Perhaps the most important benefit is that of knowing that others also face similar challenges, and that they are not

alone. When Alzheimers Disease goes beyond the early stages, day care programs are available that involve Alzheimers Disease patients in activities designed to maximize their abilities, plus give caregivers a chance to run errands or just take a break.

Home Health Care agencies have begun to identify staff who are more effective in managing Alzheimers Disease patients. There are also now residential care homes and nursing homes which provide care for shorter or longer periods of temporary care if in-home care is not feasible. The market has been flooded in the last five to ten years with reading materials which give families practical Alzheimers advice in dealing with day to day care problems.

No longer does the family have to feel that they have to tackle alone perhaps the biggest challenge of their lives. During November of 1988, which was designated as Alzheimers Disease Month, the local chapter of the National Alzheimers Disease and Related Disorders Association changed its name to Alzheimers Association with the accompanying appropriate motto, "Someone to stand by you."

For more information about local services call Alzheimers Association, Monterey County Chapter, 647-9890, or Alzheimers Day Care Resource Center at 899-7178.

Community Resources For Older Persons

This is a partial list of resources available for support and assistance of older persons in Monterey County. For information on other agencies or support groups, call Alliance on Aging's information and referral service for seniors. The number is 646-4636 or, in Salinas, 758-0911.

Alliance on Aging

600 S. Main St.
Salinas, Ca. 93901
372-5102/758-0911
280 Dickman
Monterey, Ca. 93940
646-4636

Function: Assistance and support services to maintain independence.

Alzheimer's Association

381 High Street
Monterey, Ca. 93940
647-9890

Function: Support and resources.

Area Agency on Aging

1184 Monroe Street
Salinas, Ca. 93909
375-8132/757-5905
Function: Leadership and advocacy.

Blind & Visually Impaired Center

225 Laurel
Pacific Grove, Ca.
649-3505
Function: Assistance and support.

Carmel Foundation

Lincoln & 8th St.
Carmel, Ca. 93921
624-1588

Function: Assistance and activities for members.

County Dept. of Social Services

1281 Broadway
Seaside, Ca. 93955
899-2571

Function: Adult protective services.

Hospice of Monterey Peninsula

P.O. Box 2480
Monterey, Ca. 93942
625-0441

Function: Care for terminally ill, support group for friends and families of terminally ill.

Legal Services for Seniors

1011 Cass Street
Monterey, Ca. 93940
372-3989

Function: Legal advocacy.

Linkages

1184 Monroe Street
Salinas, Ca. 93906
375-8132

Function: Case management

Meals on Wheels

700 Jewel Avenue
Pacific Grove, Ca. 93950
375-4454

Function: Meal delivery to homebound.

Monterey County Ombudsman

1281 Broadway
Seaside, Ca. 93955
899-4066

Function: Advocacy in care facilities.

Monterey County Transit

Function: Courtesy cards for MST and taxis, call 647-7477; advance reservations for van rides, call 373-1393.

Salvation Army SAFE Center

1491 Contra Costa
Seaside, Ca. 93955
899-4911

Function: Day care.

Visiting Nurse Association

187 Eldorado
Monterey, Ca. 93940
375-9537

Function: In-home support, resources, case management, and 1295 LaSalle
Seaside, Ca. 93955
899-7118

Function: SHARE day care center, rehabilitation therapy.

Caremanagers

Case Management for Elders

230 Fountain Avenue
Suite 6
Pacific Grove
372-0802

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Senior Line

By Bill Schneider

Q. Recently, a person wrote something about additional income taxes to be paid by seniors because of the Medicare Catastrophic Act. What is this all about? I'd like more information and who my Congressman is for this area. I can't believe the stupid bills passed out of Washington and the State. It's like they flat don't know or care. Those folks who can afford other health care insurance should be allowed to do so. But insurance companies have no insurance available to you after 65. Let me have more info on the bill. VM, Monterey.

A. If you are presently covered by Medicare, you should have recently received a pamphlet "Medicare Has Improved" and your new 1989 Medicare Handbook, both of which explain the additional financing for the Catastrophic Coverage Act of 1988. In addition to the extra \$4 added to your Part B Medicare Premium, you may owe \$22.50 for each \$150 of income tax liability for the year 1989 if you are covered by or are eligible for Medicare. A more detailed explanation of the Supplemental Medicare Premium may be obtained at your local Social Security Office or from the Internal Revenue Service. Most of the major insurance companies offer a supplemental or Medi-Gap policy to help pay where Medicare doesn't. Leon Panetta, who represents California's 16th District in the House of Representatives, maintains an office at 380 Alvarado St. in Monterey. Telephone, 649-3555.

Q. I'm 58, widowed and live alone in my own house. My father died recently and my two brothers and I don't think our 83-year-old mother can live alone much longer because of her physical condition. I have misgivings about mother living with me since I never cared for an ill or elderly person before. I was totally unprepared when my husband died and went through a painful two-year period learning the financial facts of life. Can you give me any advice on preparation? MB, Carmel Valley

A. Make sure that your brothers and other family members are involved. Use the Area Agency on Aging (AAA) and the Alliance on Aging's Information and Referral Service for knowledge of available resources. Get a back-up care giver through the Alliance or the AAA's Linkages Program. Depending on your mother's condition, you and your mother might join a related support group. Know your mother's financial situation. Does she have a will, life insurance, durable power of attorney for health care? I would suggest that you contact the Linkages Program at 1184 Monroe St., Salinas, 93906 375-8132, for a complete analysis of the situation by professionals.

Q. I'm 84 years old and my wife is 78. Recently we had some medical bills not covered by Medicare which played havoc with our budget. I've fallen behind on the rent and have been holding back as long as I can on our utilities. My landlord has given us a thirty day notice if we don't pay up. I just don't see how I can pay the landlord and eat. I think if I had 3 or 4 months and no other unexpected expenses I could catch up. Is there anywhere I can get some temporary help? JG, Soledad.

A. The first thing to do is contact Legal Services for Seniors (LSS) Salinas office at 1184 Monroe St, 443-4747, to arrange an interview. LSS will act as your advocate, explain the legal proceedings which will occur, represent you in negotiations with your landlord and, if necessary, help you find alternative housing in the public housing program. I'm sure LSS will also explore the possibility of Supplemental Security Income and Medicaid which hopefully would prevent a recurrence of your problem.

Q. My husband, who is 60 years old, recently began receiving Supplemental Security Income (SSI) benefits because of lung and liver conditions. Now Social Security says he has to take a course of treatment for alcoholism. How come? TD, Greenfield

A. A person whose disability is aggravated by drug abuse or alcoholism must accept appropriate treatment for the condition in order to be eligible for SSI payments according to Teryl Burke, Social Security District Manager in Salinas. Drug abuse or alcoholism, itself, is not a basis for a finding of disability under SSI. Such a determination must be based on symptoms, signs, and laboratory findings. If drug addiction or alcoholism is found to contribute to the disability, a referral is made to a state agency so that appropriate treatment may be arranged. Failure to follow the prescribed course of treatment may result in suspension of payments.

Need information on senior affairs? Write Senior Line, Area Agency on Aging, 1184 Monroe Street, Suite 10, Salinas, CA 93906 or call 372-7662. Please send your name, address and phone number, which will be withheld upon request.

Directors Needed

The Carmel Valley Recreation & Park District has two vacancies on the Board of Directors. Persons interested in filling the two unexpired terms are asked to call Chuck McKay, 659-4502 or 625-1164, Randy Randazzo at 659-2472, or Fred Slabaugh at 659-2522.

Appointments will be made at the January 11 meeting of the board and will be effective from January 1, 1989.

Crosswords PLUS

Grocery Jingles, by Randy T. Hansen

Solution on Page 14

ACROSS

- 1 Geological divisions
- 5 Goes out, in a sense
- 9 Welded
- 14 Barn adjunct
- 15 Flawlessly
- 16 de Toulouse-Lautrec
- 17 Chocoholic's nosh
- 20 Bewildered
- 21 Mary Kay's rival
- 22 Unequivocally
- 23 Facto lead-in
- 26 Scheherazade's count
- 28 Stuff it
- 32 W.C. Fields expletive
- 36 Ms. MacGraw
- 37 Songstress James
- 38 Laura Holt's coworker
- 40 Confess
- 42 Peter, Paul, and Mary: Abbr.
- 44 TV exec Spelling
- 45 Barnum's way out
- 47 Go on the road
- 49 "Not only that, but..."

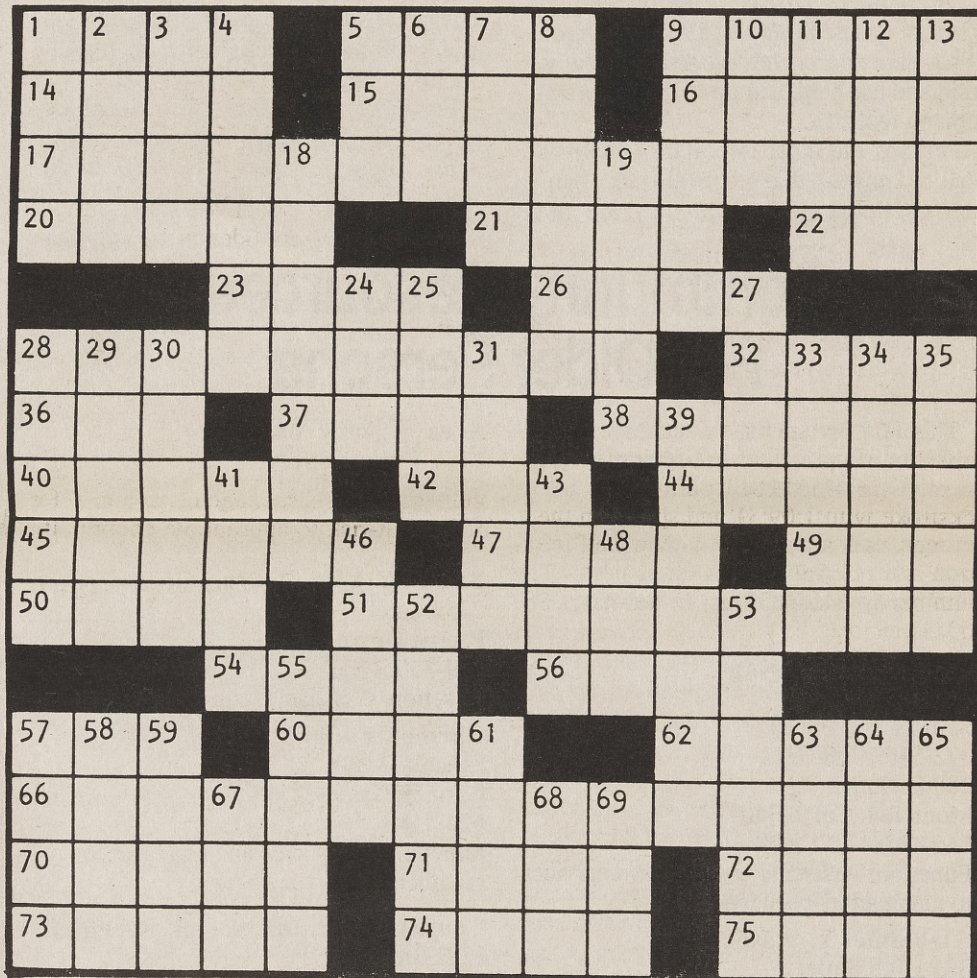
- 50 Your Erroneous Zones author
- 51 Big Mac side order
- 54 Competent
- 56 Deutschland denial
- 57 X
- 60 Auditor's goal
- 62 Olga's successor
- 66 Junk-food treat
- 70 Concede
- 71 Girl-watch
- 72 Skin-cream source
- 73 Chick talk
- 74 Poverty
- 75 Desires

- 9 Record player
- 10 Composer Delibes
- 11 Smeared, à la newsprint
- 12 Ontario's neighbor
- 13 Conks out
- 18 Takes place
- 19 E.T.'s quencher
- 24 Beauty-parlor request
- 25 Picks
- 27 Lightbulb, maybe
- 28 Worked the hay
- 29 Gray matter?
- 30 Quart for the Queen?
- 31 Page of music
- 33 Gave the same old story?
- 34 In accompaniment start
- 35 Takes care of
- 39 Pre-feather preparation
- 41 "... perfumed sea": Poe
- 43 In due course

- 46 One's performances?
- 48 Article in Le Monde?
- 52 Golf Hall-of-Famer Byron
- 53 "Rome wasn't built"
- 55 Contrives
- 57 Bloke
- 58 Sartorial embarrassment
- 59 Man, e.g.
- 61 Advantage
- 63 Ford's running mate
- 64 Privy to
- 65 Census data
- 67 Outdo
- 68 Bit of cartographie
- 69 Actor Beatty

DOWN

- 1 "¿Cómo _____ usted?"
- 2 Laugh-a-minute
- 3 Shakespeare title
- 4 It shines on the Riviera
- 5 Sports car, for short
- 6 Debtor's letters
- 7 They go out to launch
- 8 Nicks or Wonder



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New Aquarium Exhibit Opens

"The Three Seasons of Monterey Bay," a new, permanent exhibit at Monterey Bay Aquarium, opens January 7 on the aquarium's third floor.

In Monterey Bay, good weather means different things to different people. Fishermen enjoy the foggy days of spring and summer because of increased fish activity. Divers prefer the warm days and waters of autumn, and surfers love the blustery days of winter that create big surf.

Oceanic conditions play a major role in Monterey Bay weather. Pacific highs react with the cold waters of spring and summer to create fog. Water currents, like wind, shift speed and direction throughout the seasons.

"Our weather exhibit is an excellent reminder of the connection between physical factors and biological end-results in weather," says Steve Webster, director of education.

The exhibit explains and illustrates bay weather with five computer-controlled, video monitors.

A unique feature of the program is the computer's ability to monitor land and sea sensors and trigger special video programs that coincide with actual weather conditions.

Dr. William Broenkow, professor of oceanography at Moss Landing, played a major role in the development and implementation of the remote sensors used in the weather exhibit. The data produced can be used for a number of research projects, from kelp forest to pollution studies.

The weather station is the result of cooperative efforts between the aquarium and Moss Landing Marine Laboratories oceanographers.

For information call 375-3333.

Teen Crisis Workshop For Teachers Feb. 9

A workshop for "Intervention Techniques: Childhood and Adolescent Depression and Suicide" will be conducted for educators on Feb. 9 from 8:30 a.m. to 3:30 p.m., at the Monterey Beach Hotel.

The one-day event is sponsored by a coalition of community agencies and is designed to train teachers, nurses, administrators, counselors, psychologists, student deans, and other professionals who may be asked for help.

The workshop's goal will be to provide participants with confidence through basic skills training to enable them to intervene effectively in suicide issues until the immediate danger is past and further resources can be mobilized for the teenagers assistance.

Participants will gain the attitudes, knowledge, and skills to recognize and assess suicide risks, undertake appropriate short-term crisis management, and refer persons-at-risk to appropriate community resources.

There is a fee which includes lunch. Telephone Pat Garrigues at 375-6966 before the Feb. 1 registration deadline.

Valley Aquatic Duo Grabs Pacific Honors

Two Valley swimmers completed the December Santa Rosa Swim Festival for Northern California with outstanding results.

Kyle Nichols recorded an age group, Swim Fest and All Star record in the 200 Freestyle for 9-10 year old swimmers, with a 1:46:94. Nichols also swam a 26:81 for second in the 50 Freestyle, 2:01:53 for a third in the 200 medley relay, 1:10:35 for a fourth in the 100 backstroke, and 59:74 for a fifth in the 100 freestyle.

Kyle was also honored as outstanding age group swimmer for 1987-88 within the Pacific Swim Association.

Tish Satow swam to a first in the 200 freestyle with a 1:47:49, third in the 200 butterfly with a 1:05:81, fourth in the 100 backstroke with 1:09:31 and shared in the 200 medley team's third with a 2:02:43 time.

Both swim with Salinas Valley Aquatics headquartered at the Hartnell College pool.



CARMEL HIGH SCHOOL DANCERS WILL BE AMONG PERFORMERS JAN. 9 and 11 during two programs at Sunset Center. Both events begin at 8 p.m. The first program, Jan. 9, will be a "Winter Dance" concert with dancers from Carmel High School, Robert Lewis Stevenson School, and Pacific Grove High School. The Jan. 11 program will feature the CHS Dance Club in combination with Diane Ericson's ROP Fashion classes in a fashion show based upon "What Dreams Are Made Of...", a conspiracy of movement with the new styles of 89." CHS dancers shown above from left, are Micaela Byrne, Ali Daniels, Tracy Gerstl, Ivy Mayer and Tiffany Skiles.

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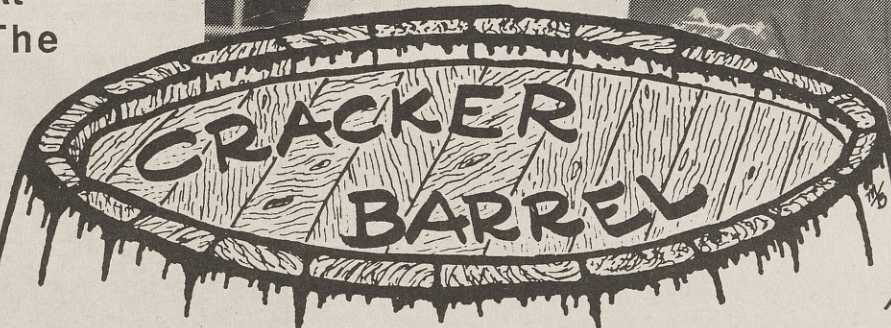
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Asthma Support Group Forming

Mothers of Asthmatics, a newly created support group for parents of children with asthma, will conduct its first meeting on Monday, Jan. 9, from 6 to 7 p.m., in the Salinas Valley Memorial Hospital Board Room.

"Can a Parent Survive Asthma?" will be the topic of a presentation by Dr. Mark Velcoff.

"My daughter has been troubled with asthma for most of her 12 years," explained Connie Kilkenny, chair of Mothers of Asthmatics. "From personal experience, I know what an emotional drain

asthma can be not only for the child but also on the entire family."

The group will offer parents of asthmatic children a forum of mutual support in which to share knowledge, express emotions and experiences, and hear speakers support. A telephone network, providing parents with immediate help from other parents, has also been established.

Mothers of Asthmatics (open to fathers, too), will meet the second Monday of each month. Interested persons may call 373-7306.

Children Need Foster Homes

A post-Holiday need remains for foster parents in Monterey County, according to Pat Owens, coordinator for the Office of Children's Services.

Ms. Owens who may be telephoned at 899-8061, encourages prospective foster parents to call her for information about the two January licensing orientation sessions.

The Department of Social Services will

conduct the licensing classes on Jan. 10 and Jan. 24, from 4 to 6 p.m. at 1352 Natividad Road, Salinas.

"We invite capable people to contact us about providing foster parent care for teenagers, 'high risk infants' and minority children," Ms. Owens says.

Forum Focuses on Kids With Alcoholic Parents

"Special Needs of Young Children with Alcoholic Parents" will be the topic of a special workshop from 10 to 11:30 a.m., Jan. 14, at Community Hospital Recovery Center.

Speaker will be Rosemary Tisch, founder of the *Kids Are Special* counseling and education center for children of alcoholic parents in San Jose. She will discuss how children are affected by alcoholism and addiction, development of coping strategies, and what recovering parents can do to help their children.

The workshop is open to the public without charge. For information, call Jerry McDonald at 373-0924.

Creative Writing Classes Offered

Classes remain open at Rippling River, Del Mesa Carmel and Carmel Foundation for Creative Writing classes in the MPC "Living is Learning" program, with first sessions between Jan. 3 and 9.

Rippling River classes are from 1:30 to 3:30 p.m., Mondays, beginning Jan. 9. Del Mesa Carmel classes are 10-12 p.m. Wednesdays, beginning Jan. 4. Carmel Foundation classes are Tuesdays from 9:30 to 11:30 a.m., beginning Jan. 3.

Instructor Illia Thompson emphasizes that the Rippling River class is open to all area residents on Mondays. All classes are free under auspices of MPC.

The creative writing classes focus on writing, review of individual and class writing. Thompson also instructs six sections of creative writing at MPC.

Mensa Tests Are January 14

Mensa will administer qualifying tests in Salinas on Saturday, Jan. 14. Mensa, which has chapters throughout the world, is open to all who score higher than 98 percent of the general population on standard I.Q. tests.

The test begins at 1:30 p.m., finishing about 4:30 p.m. For reservations, write Francis Cartier, 1029 Forest Ave., Pacific Grove, CA 93950. Requests should be mailed by January 9th and include phone number.

Individuals may also qualify for Mensa if they have already obtained a score at or above the 98th percentile on the S.A.T. or on any of several other nationally-standardized tests of intelligence.

Support Groups Meet at CHOMP

Three support groups for heart, lung and diabetes patients will meet in January at Community Hospital of the Monterey Peninsula, all in the main conference room.

"Behavior Changes and New Year's Resolutions" will be the topic for the Coronary Club meeting from 7 to 9 p.m., Jan. 9.

"Roundtable Discussion" is scheduled from the meeting of the Diabetes Support Group from 7 to 9 p.m., Jan. 11.

"Coping with Lung Disease" with Wayne Lavengood is the topic for a meeting of Better Breathers from 2:30 to 4 p.m., Jan. 12.

All meetings are open to the public. For information, call 625-4505.

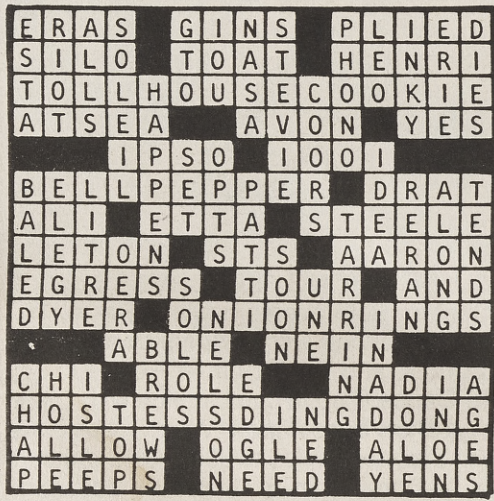
Big Sur Marathon Distributes \$20,000

Directors of the Big Sur Marathon recently disbursed more than \$20,000 to worthy Monterey County agencies.

The contributions, derived from proceeds of the 1988 event, were announced by race director, Bill Burleigh, and made to the American Heart Association, Carmel Middle School, Rape Crisis Center, Suicide Prevention, Handicapped Unlimited, Big Sur Land Trust, Family Resource Center, Hospice of the Monterey Peninsula, Forest Theater Guild, Carmelite Monastery, Apple Pie School, Big Sur Volunteer Fire Brigade, Big Sur Ambulance, Big Sur Health Center, Big Sur Library, Mid Coast Fire Brigade, and Carmel Highlands Fire Department.

Planning for the 1989 event, which will take place on April 23, is underway.

For information, call 625-6226.



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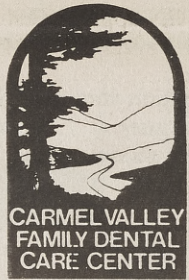
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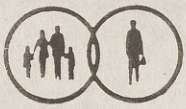
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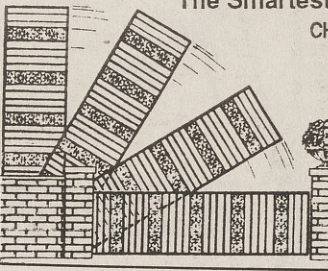
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Chris Engle's Seasonal Signs Spread Warmth and Good Will

Artistic, Brightly Colored Designs Greet Special Days, Seasons

By Grace Darcy

For years, drivers along the Carmel Valley Road east of Los Laureles Grade have been reminded of special days and seasons by the appearance at the side of the road of large, beautifully designed, crafted, and painted "signs" depicting that particular date or season.

As Christmas approached, we again saw the red and white candy canes spelling out J-O-Y, a word that says all there is to say about the spiritual meaning of Christmas. The passing driver feels joy, and a special warmth and closeness to the person who had the love and took the time and effort to create and erect the sign...a greeting from a caring stranger, so to speak.

This year, at last, opportunity presented itself to interview the person behind the greetings—Chris Engle.

Chris Engle has made Carmel Valley his home since 1970. A tall man, 6'5", with gentle, gray-blue eyes, he possesses a friendly, open manner. His seasonal

greetings to the community project his warm interaction with others.

"My mother and I thought a Valentine's Day sign on the Carmel Valley Road might be a good idea," he said, remembering his beloved mother, Adrienne Engle, who died a year ago. "The big Valentine's heart went over so well, we decided to continue."



A greeting for lovers.

Now, in addition to the Valentine's Day heart and the Christmas candy canes, there's the Halloween black cat on a pumpkin, the Thanksgiving cornucopia, and the delightful Easter bunny.

"I'll add to the collection," Chris promised, "but right now, I don't know just what."

A custom cabinet maker by profession, Chris does most of his work out of a 1,400 square foot garage/workshop at his home. More often than not, he is accompanied by his faithful friend, Bentley, a 5 1/2 year old Great Dane.

Chris recalled his apprenticeship with Custom Craft in Sand City. "It was a four year apprenticeship, then on-the-job training twice a week. After that, I went through apprenticeship contests - local, state, and international." Chris won first place along the way.



Chris Engle



Joy! Chris Engle's Holiday Greeting to the community.

"Mother was handy and artistic," he recalled. "I watched her work and, as a little boy, I liked making models. In high school (Carmel High School), I enjoyed woodworking. I did other things, but cabinet making felt right."

Indeed, Chris's home epitomizes his love for wood and its almost eternal beauty. The house is warm and welcoming, with clean lines and a feeling of spaciousness. The handsome cabinets in the kitchen—done in a golden-hued wood—are Chris's work. The living areas overlook the beautiful gardens that Chris and his companion, artist Ginna Landes, have planted and nurtured with loving care.

In this time of instant everything, including mass manufactured wood products, is cabinet making a lost art?

"On a craft level, yes, it probably is," Chris said thoughtfully. "Everyone is production oriented these days; however, my niche is, 'if you can't find what you want, I can build it.'"

Whatever Chris undertakes, he does it first class. "Everything I do is original. There are no two items exactly alike; each is very special," he said.

Adrienne Engle was a major influence on her son's life and the work he chose to do. "When Mother did things, she did them the best she could," Chris said. "My two sisters and I grew up with that. It makes us very particular about our work."

For relaxation, Chris plays golf, but "doesn't shoot a good score." He likes landscaping around his home—making trellises, gates, and fences as needed. "I do this kind of work for myself, but not for others. I don't want to dig in the dirt for someone else," he laughs.

Chris continues to be amazed by the public's reactions to his lovely signs. "When we first put the Valentine's Day sign out, I didn't know what to expect," he said, "but today we get cards, and people

stop by. It's such a great gift to receive that kind of response."

Response is made only in accordance with the generosity of the giver...and Chris Engle is both the generous giver and the loving gift. Joy to you, Chris Engle!



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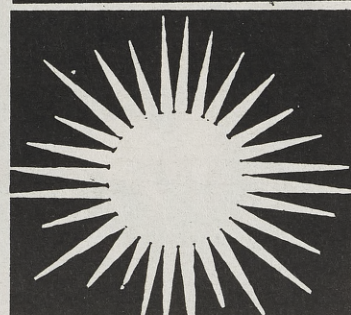
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Vidbits

Courtesy of Mid Valley Movies

This is somewhat of a slow time of year for new video releases, but isn't there some picture you'd like to see again? Now's the time to do it. For example, like so many other people, we found ourselves housebound with the flu, or whatever the presently debilitating virus is called, and so indulged ourselves with the Star Trek Trilogy: *The Wrath of Khan*, *The Search for Spock*, and *The Voyage Home*. It was the best "cure" for the flu we had. Instead of worrying about our health, we worried about Captain Kirk, Spock, Bones, Scotty, Uhura, Sulu, and Checkov. We worried about the beautiful humpback whales, and wondered if Khan would best the crew of the Starship Enterprise. It was a glorious day...one that you, too, can enjoy...with or without the flu! All are rated PG, although *The Voyage Home* has some "colorful metaphors."

Bagdad Cafe is a truly delightful film. Dumped by her husband in the middle of the Mojave Desert, Jasmin (Marianne

Sagebrecht) walks miles until she reaches the Bagdad Cafe, a greasy spoon in the middle of nowhere run by Brenda, an overworked black woman with too many kids (CCH Pounder). Armed with a mop and a magic kit, Jasmin transforms the dump into a popular roadside attraction...and then, the immigration boys spoil the fun. Or do they? *Bagdad Cafe* is a sometimes zany, always heartwarming picture, and Sagebrecht—a round, lovely, apple-cheeked woman—is a fresh, wonderful talent! You'll feel good after you see this one. Rated PG.

Jessica Lange is outstanding as Patsy Cline in *Sweet Dreams*, the story of the popular country western singer whose life was snuffed out in an airplane crash. Ed Harris plays Cline's ne'er do well, destructive husband. A nice picture with Cline's voice dubbed in for the songs. Rated PG-13.

Moonlight Crossing is a genuine bomb, a real clunker. Starring Faye Dunaway, Daniel Travanti, and John Laughlin, this

picture was so bad that we wonder why it was ever released. Billed as a story of lust, greed and murder, the plot simply refuses to hang together. The acting is strained, and although Dunaway valiantly tries to play the part of a blind woman convincingly, she has no direction and no support. The ending is ridiculous. Rated R.

Vanishing Act is a neat little mystery starring Mike Farrell, Margot Kidder, and Elliott Gould. When, at a popular ski resort, a man (Farrell) reports his wife of one week missing, the local police inspector (Gould) finds her. He brings the woman (Kidder) home to the distraught man, but...she isn't his wife! Or so he insists. A nice O. Henry ending to this one. Rated PG.

Sidney Sheldon's *Bloodline* boasts a wonderful cast—Audrey Hepburn, Ben Gazzara, James Mason, Claudia Mori, Irene Papas, Michelle Phillips, Romy Schneider, Elizabeth Straight, Omar Sharif—but what it has in quality actors, it lacks in substance. *Bloodline* could have been an interesting movie, but it was too confusing with many parts unexplained. This is a take-it-or-leave-it kind of movie. Naturally, Sheldon has thrown in some gratuitous sex. Rated R.

The Prisoner of Zenda is an old 1952 movie starring Stewart Granger, Deborah Kerr, and Louis Calhern. How young they all look! A fun, swashbuckling picture with little substance...it won't tax your brain, but it will amuse you, and it's nice to see some of the oldies once in a while. Rated G.

War and Remembrance is now available to home video viewers with each tape constituting one episode...and don't forget to rent some of the exquisite children's videos put out by Children's Circle and Random House. They are well worth seeing by children of ALL ages.

Happy viewing!

'Desmoking Classes' Planned Jan. 9-18

A four session Fresh Start: Quit Smoking Class is being offered at Salinas Valley Memorial Hospital from Jan. 9 through 18.

The classes are from 7 to 8 p.m. on Jan. 9, 12, 16 and 18.

The course will cover the smoking habit/addiction, how to quit smoking and "stay quit," and planning for relapses.

Pre-registration is required for the course, which requires a fee. Telephone 424-7908.



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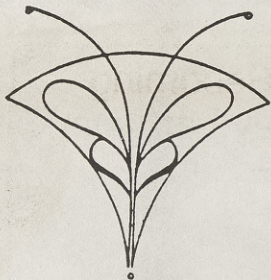


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If you plan to entertain a small group of people simply but elegantly in your home, COCO LA FLEUR offers three different Gourmet Take Out dinner menus each month—with free delivery to Carmel and the Carmel Valley Village area for parties of 6 or more. You don't even have to leave your home!

If there's just the two of you, then visit COCO LA FLEUR'S and choose your own Gourmet Take Out dinner from a weekly menu with a wide selection of palate pleasing delights.

COCO LA FLEUR maintains excellence in traditional, yet imaginative, European cuisine for the most discerning tastes. Ingredients are carefully selected, fresh, organic—and lovingly prepared. All this goodness and flavor is yours, in your own home, without lifting a finger! Choose from each month's special menus.

January's three Gourmet Take Out selections are...
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California Troubadour; Concert for AAUW's Education Foundation, Jan. 14, MPC. Carmel Valley's Tim Robinson as the Troubadour of Old California. Tel. 624-8023.

Foster Parent Classes; Jan. 10 and 24, 4-6 p.m., 1352 Natividad Rd., Salinas, Licensing Orientations for prospective foster parents. Tel. 899-8001.

Quit Smoking Class; Salinas Valley Memorial Hospital, Jan. 9-18, four-sessions, 7-8 p.m. Fee. Tel. 424-7908.

Carmel Unified School District Board; Thursday, Jan. 12, 7 p.m., CMS library.]

South Bay Writers; Sister Carol Anne O'Marie, a nun who writes murder mysteries and is a school administrator, speaks. Feb. 15, 6:15 p.m., 1520 The Alameda, San Jose. Tel. 258-7125 for reservations (required).

Winter Dance Concert: Jan. 9, 8 p.m., Sunset Center, dance students from Carmel, Pacific Grove and RLS high schools.

ROP Fashion Show; Jan. 11, 8 p.m., Sunset Center. Fashion students from the regions high schools, and Carmel High School Dance Club.

Community Human Services Project; 20th Birthday Party and Reunion, Sunday, Jan. 8, 1-4 p.m., Steinbeck Lobby, Monterey Conference Center. Everyone connected in 20 years of Project Aquarius, M.P. Youth Project, New Connection, Sanborn Road Clinic and CHSP is invited. Tel. 373-3641 for information.

SUICIDE INTERVENTION WORKSHOP for Teachers; Feb. , 8:30 a.m., Res. Req. Tel. 375-6966.

Louis Lebherz Concert; Jan. 12, 8 p.m., Santa Catalina. Admission free. World premiere of three songs by Stephen Tosh set to Robinson Jeffers poems. Tosh will accompany operatic bass Lebherz.

Monterey Bay Aquarium; "Three Seasons of Monterey Bay" opens Jan. 7. A weather exhibit.

MENSA Qualifying Tests; Jan. 14, 1:30 p.m. Apply by Jan. 9 to Francis, 1029 Forest Ave., P.G., 93950, Tel 375-8065.

Garland Park Hike; Naturalist Nikki Nedeff leads six-mile steep and rigorous hike to summit of de Dampierre addition to park overlooking the Village. Meet Jan. 14, at 8 a.m., defunct bank parking lot across from Murphy Lumber. Bring water, lunch. Wear sturdy footwear, clothing.

Time-Space Connection; U.C. Santa Cruz, Cowell College, Smith Gallery, Reception for four artists, Jan. 8, 2 p.m.

Support Groups Meet at CHOMP; Diabetes Support Group 7 to 9 p.m., Jan 11; Comping with Lung Disease, 2:30 to 4 p.m., Jan 12; Behavior Changes and New Year's RESolutions, 7 to 9 p.m. Jan. 9. For info. call 625-4505.

Workshop Jan 14, 10 to 11:30 a.m. at Community Hospital REcovery Center, to cover Special Needs of Young Children with Alcoholic Parents. No charge 373-0924.

Events

Tom Steiny—Mid Valley's Senior Businessman in 30th Year

The Allure of Thailand in Your Own Backyard...

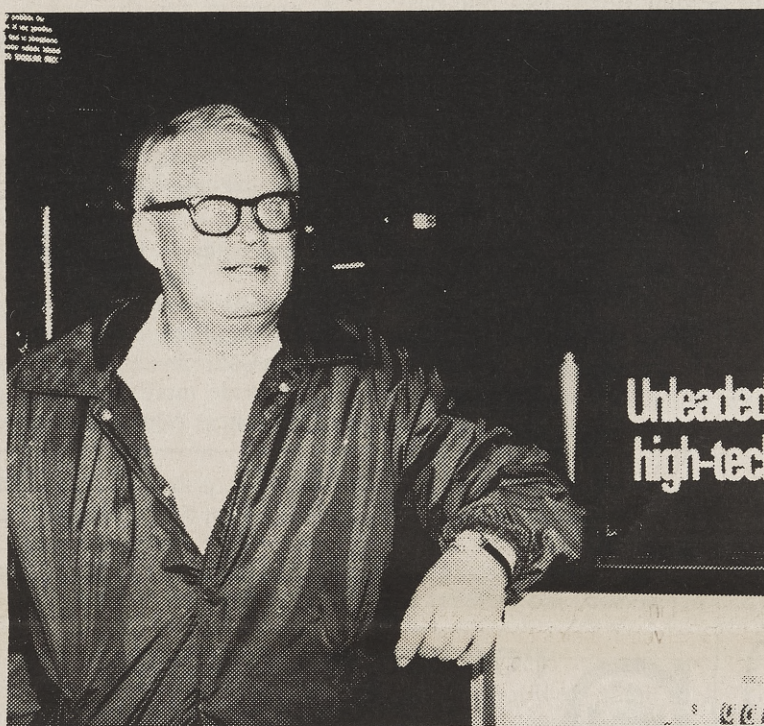
Open Hours—Tues.—Sun.
Dinner—5 p.m.—10 p.m.

Closed Monday

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TOM STEINY—Now starting his fourth decade of service at Mid Valley Chevron.

Tom Steiny has been providing basic car-care for Valley motorists for the past 30 years at Mid Valley Chevron. Major side benefits of those years have been jobs for more than 100 "Valley kids" and college educations for the five children of Tom and his wife, Marjorie.

A fourth-generation Californian, Tom left Los Angeles in 1951, with stints in the Army and at Stanford, before arriving in the Valley in 1959. Focused upon operating a solid service business, caring for his family and gardening for relaxation; Tom only displays real enthusiasm for the one other aspect of his business operation—when considering the 100-plus Valley youngsters who have worked at Mid Valley Chevron. Even though he does not go as far as exactly claiming them as "my kids," the feeling is obvious—including the four currently employed at Mid Valley Chevron.

While gardening is his only admitted hobby, he will confess admiring support for Marjorie's tennis activity on Carmel Valley Ranch courts. Their five offspring are Don, a hardware engineer with Hewlett-Packard in Santa Cruz; Doug, a Valley real estate professional; Dick, co-owner of a San Francisco financial planning firm; Dianna, a San Rafael businesswoman, and Danny, who works with Dick in San Francisco.

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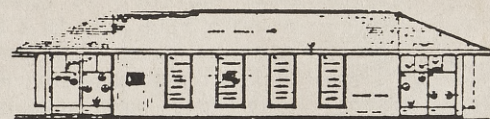
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State Senator Watson To Speak At PWN Installation Dinner

State Senator Diane E. Watson, Ph.D., will be the guest speaker at the Sixth Annual Installation Dinner of the Professional Women's Network of the Monterey Peninsula on Friday, January 20, at 7 p.m. at the Monterey Bay Aquarium. Senator Watson will speak about women's issues and the political process.

The Network also will announce its 6th Outstanding Networking Woman of the Year at the Installation Dinner.

Diane E. Watson, Ph.D., (D-28th Sen. Dist.) became the first black woman elected to the California State Senate in 1979. She was re-elected in 1982 and 1986. Prior to her political career, Senator Watson was an elementary school teacher, acting principal, assistant superintendent of child welfare and attendance, and a school psychologist. She was an Associate Professor at both Cal State Los Angeles and Long Beach.

Senator Watson was Director of the Secondary Schools Allied Health Professions Project at UCLA and later became a Health Occupations Specialist for the

California Department of Education. She has co-authored instructional manuals in the field of health professions and occupations.

In the Senate, she is Chair of the Health and Human Services Committee, including Subcommittees on Bioethics and on Health Care Cost Management. She is Vice Chair of the Joint Oversight Committee on GAIN Implementation, a member of the Budget and Fiscal Review Committee, and also serves on a number of other important committees, including Rights of Disabled, Public Employment & Retirement, Select Committees on AIDS and on Children & Youth, Senate Research Committee on Neighborhood Violence, and the Senate Special Committee on University of California Admissions.

In 1986-87, Senator Watson chaired Senate Task Forces on Laws Affecting Child and Student Abuse and Its Impact on Public Schools, and on Psychotherapist/Patient Sexual Relations. She has been Chair of the California Legislative Black Caucus since 1983, and founded the National Organization of Black Elected Legislators. Additionally, she is a member of the Women Legislators Caucus, who collectively identify and take positions on legislation and issues concerning women.

She has received many awards and honors including, in 1987, the Legislator of the Year Award from the State Council on Developmental Disabilities and, in 1986, the Legislator of the Year Award from the California Association for Health Services at Home. In 1982, she received the Alumnus of the Year Award from UCLA, and that same year was named Senator of the Year by the California Trial Lawyers.

The cost to attend the PWN Installation Dinner is \$35 per person, and includes a

Artists' Tax Class Offered Jan. 14

Visual and performing artists with questions about filing their 1988 income tax are invited to a workshop at the Pacific Grove Art Center, Jan. 14, from 2 to 5 p.m.

The workshop will be conducted by Ron Vincent, a Berkeley accountant whose background in theater arts has led him to specialize in those aspects of IRS rules

and procedures of special concern to visual and performing artists.

He will lead the workshop participants through the IRS Schedule C form, discussing the income and deduction items as they relate to the business of art.

The workshop is jointly sponsored by Artists Equity Central Coast Chapter, the Monterey Peninsula Arts Foundation and the Pacific Grove Art Center.

Free Family Law Classes This Month

Monterey College of Law announces two classes for the public on Family Law issues.

On January 18, the subject of "Child Custody and Visitation" will be discussed. On January 19, the subject will be "Child and Spousal Support." Both classes are 7 to 8:45 p.m., at Monterey College of Law, 498 Pearl Street, Monterey.

There will be no fee, but space is limited and advanced reservations are required.

Medicare Coverage Program January 26

A program for the public, entitled "Medicare Catastrophic Coverage: Who Benefits? Who Pays?" is scheduled Jan. 26, from 9:30 to 11:30 a.m. in the Monterey City Council Chambers, Pacific and Madison. The program is free and open to all interested individuals.

(No children please!)

The programs are co-sponsored by Monterey County Bar Association and Monterey County Legal Services Corporation.

These two classes are the first of the 1989 series of Public Legal Education (for non-attorneys) presented by Monterey College of Law on subjects of interest to the public. For information, call 373-3301.

The program is co-sponsored by Monterey College of Law and Legal Services for Seniors. Bonnie Burns, consultant to Health Insurance Counseling and Advocacy Programs (HICAP) throughout the state, will be the speaker.

For information, call 372-3989.

Monterey County Bank High On SBA Loan List

The locally owned and managed Monterey County Bank is among the top 25 in Northern California as an SBA lender.

MCB made more than \$3.1-million in Small Business Administration guaranteed

loans through the San Francisco SBA District office.

The bank also has sponsored two seminars in conjunction with local chambers of commerce, educating small business owners in SBA loan potential for service to the small business world.

Charles Chrietberg, MCB chair, states, "We are committed to the small businesses in our area of service, and we are doing everything possible to make SBA financing available to those businesses for their start-up, expansion, real estate, or equipment purchases."

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The Staff
Carmel Valley Sun

Real Estate Report

Tax Time Again

By Rita Base Winn, Realtor Associate
Fox & Carskadon/Better Homes & Gardens

Every year at this time, with the appearance of the IRS tax form in our mail box, we start belatedly thinking of what we could or should do to keep a little bit more of our hard earned income.

Despite all of the publicity for and against the Tax Reform Act of 1986, and the subsequent revisions made in 1987, there are still many tax advantages to be found in real estate. Real estate did take some hard knocks through revamping of the tax code, but we need to look at the positive provisions that we still have to work with.

We can still take advantage of the home mortgage interest deduction; the deferral of capital gains tax when we sell a principal residence; capital gains exclusion for home sellers that are 55 years old or older; interest write-offs on home equity loans; depreciation deduction on rental property; and a variety of tax credits or incentives for building or rehabilitating historic structures or low income housing.

Looking at each of these, probably the most widely known tax advantage is the deduction of home mortgage interest. The interest expense on the acquisition of a first and second home is still fully deductible up to \$1 million.

The previous ability to deduct interest paid on our consumer debt (all of those credit card purchases, the car loan, etc.) will be phased out in 1991. However, homeowners still have a way to continue deducting much of this interest.

Although it should be used cautiously, the home owner can fully deduct the interest on a home equity loan up to \$100,000, as long as that figure does not exceed the acquisition plus improvement cost of the home. Since there is no restriction on the use of the money, it could go to pay off

the other consumer debt you currently have.

It works this way; if you purchased a home 10 years ago for \$60,000 and during the years since buying it you have made \$25,000 of improvements, your acquisition plus improvement cost is \$85,000. Even though your home may now be worth \$300,000, you can deduct the home equity loan interest only on \$85,000. If this were a personal loan or consumer debt, none of the interest would be deductible as of 1991.

The gain deferral or "rollover" provision in the sale of your principal residence is the same now as before tax reform. Under this provision, you can defer the gain you may realize on the sale of your principal residence if you buy another principal residence within two years of the sale. That two year period can be before or after the actual sale of your current principal residence. However, the price of the new residence must be equal to or exceed the selling price of the home you just sold.

Another benefit that was untouched is the one-time exclusion of up to \$125,000 of the gain from the sale of a principal residence by taxpayers 55 years or older. The taxpayer must have used the home as his or her principal residence for at least three of the last five years preceding the sale.

Only one exclusion is allowed per couple. If either one of the parties has used the exclusion previously, it cannot be used again. This can be fairly confusing if there has been a remarriage.

For example: Mr. Smith, age 55, and Mrs. Smith, 40, decide to take advantage of the \$125,000 exclusion. They sell their home which is worth \$350,000 and owned free and clear. They buy a small

Mortgage Interest Rates

Lender	30 Yr. Fixed Rate Loan		Adjustable Rate Loan	
	Int.	Pts.	Int.	Pts.
American S & L	11.250	2.00	8.250	1.50
Bank of America	10.750	2.00	8.125	1.50
Calif. First Bank	10.825	2.00	8.125	1.50
Eureka Federal S & L	11.250	1.50	7.500	1.50
First Interstate Bank	11.000	1.50	8.375	1.75
Great American 1st S&L	11.000	2.00	7.850	1.50
Home Federal S & L	11.000	2.00	7.900	1.50
Monterey S & L	11.345	2.00	7.900	1.50
SF Federal S & L	11.000	1.50	7.600	2.00
Wells Fargo	10.875	2.00	8.250	1.50
Monterey Coast Mort.	10.875	2.00	6.900	1.50
World S & L	11.000	2.00	7.600	1.75

This table is a representative sampling of local mortgage loan interest rates for owner-occupied residences. Many other lenders offer similar loans.

Rates were in effect on the Monday prior to publication. Rates are subject to change. There is no guarantee of loan availability with any particular lender.

Interest rate and points are not the only factors to consider when comparing mortgage terms. You may also wish to determine maximum loan amount, minimum percentage down payment, processing time and fees.

Adjustable rate mortgages (ARMs) have rates that change according to the cost of money in the money market. The ARM rate cited here is the "going in" rate designed to attract buyers who otherwise might not qualify. To compare ARMs, you will need to determine the time of the first adjustment, frequency of subsequent adjustments, maximum annual increase, maximum allowable rate, the money market index used as basis for the adjustment, and the "spread" between this index and the adjusted interest rate.

condominium for \$225,000 and have \$125,000 of tax exempt profit. Two years later they divorce, and Mr. Smith keeps the condo. Mrs. Smith marries Mr. Jones, age 42. When Mr. and the new Mrs. Jones reach age 55, they will not be allowed to use the exclusion again, since Mrs. Smith Jones already took part in one such exchange.

The tax reform changes affect the real estate investor more significantly than the individual home owner. Since many readers have one or more investment proper-

ties, we will look at some of the changes in the tax law as they relate to investment properties in the next issue.

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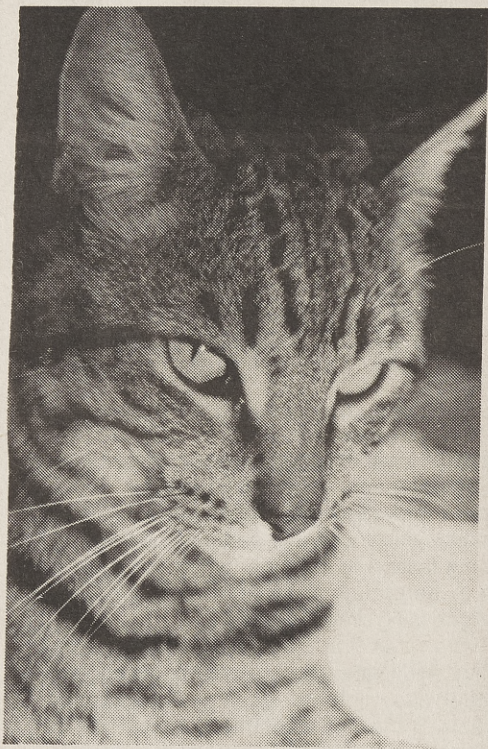
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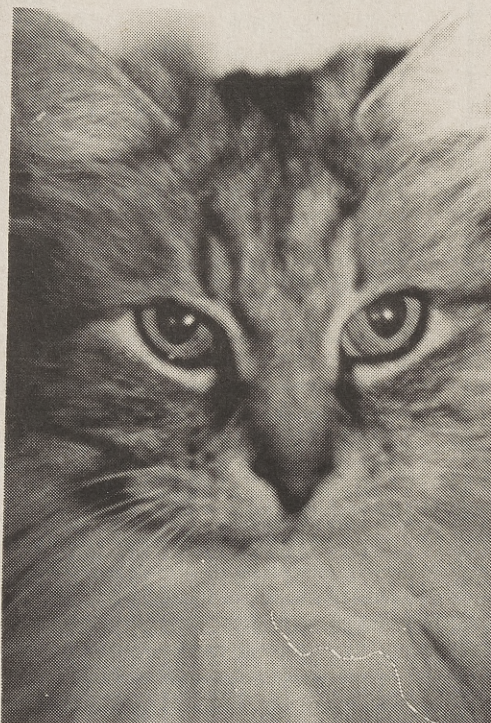
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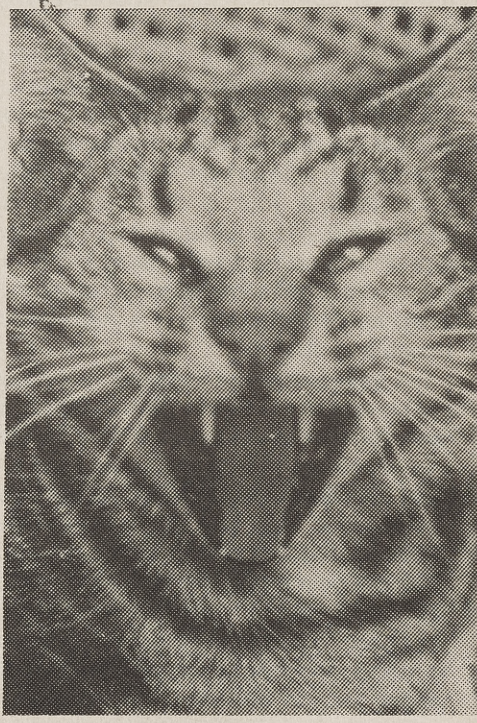
TRISTAN Q. DARCY
American Domestic

I'm young, strong, and fast, but my world would be far better, far safer, without dogs. In my opinion, dogs have no redeeming features.



SILVER HASTINGS
Persian Mix

I've never met a dog I liked!



TIMOTHY DARCY
American Tabby

I really can't stand them. First, they enter my space uninvited. Second, they bark and carry on in a very childish manner and, third, they chase me (if, of course, I permit them to do so). No, there's no reason for me to feel benevolent toward dogs!



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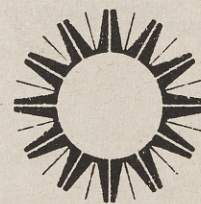
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